

5000m "Top 10 Coyotes"	
1	Hannah Woodhouse - 17:30 - Grade 11 - Meaford Road Race - July 12, 2014
2	Jessie Nusselder - 18:50 - Grade 12 - Caledon Road Race - Sept 29, 2014
3	Rose Nadjiwan - 20:28 - Grade 10 - Caledon Road Race - Sept 29, 2014
4	Kara Tichbourne - 20:54 - Grade 4 - Meaford Road Race - July 11, 2015
5	Matalyn Lee - 20:55 - Grade 8 - Meaford Road Race - July 9, 2016
6	Olivia Karn - 21:26 - Grade 6 - Owen Sound Bayshore Race - Aug 23, 2015
7	Jessica Ruest - 21:49 - Grade 8 - Meaford Road Race - July 13, 2013
8	Teagan Davies - 21:51 - Grade 7 - Meaford Road Race - July 11, 2015 ^[1] _[SEP]
9	Zoe MacCulloch - 21:51 - Grade 9 - Meaford Road Race - July 11, 2015
10	Payton Wepler - 22:13 - Grade 8 - Elmira ENDURace - April 13, 2019

5000m Top Grade 11-12-13	
1	Hannah Woodhouse - 17:30 - Grade 11 - Meaford Road Race - July 12, 2014
2	Jessie Nusselder - 18:49 - Grade 12 - Meaford Road Race - July 11, 2015
3	Julia Latham - 23:37 - Grade 13 - - Owen Sound Bayshore - Aug 25, 2019

5000m Top Grade 9-10	
1	Hannah Woodhouse - 17:39 - Grade 10 - CMCC Road Race - Apr 27, 2013
2	Jessie Nusselder - 19:10 - Grade 10 - Meaford Road Race - July 13, 2013
3	Rose Nadjiwan - 20:34 - Grade 10 - Meaford Road Race - July 12, 2014
4	Zoe MacCulloch - 21:51 - Grade 9 - Meaford Road Race - July 11, 2015
5	Jessica Ruest - 22:03 - Grade 9 - Meaford Road Race - July 12, 2014
6	Julia Latham - 22:24 - Grade 9 - Caledon Road Race - Sept 29, 2014
7	Hannah Knight - 22:25 - Grade 10 - Meaford Road Race - July 14, 2018
8	Vani Mahajan - 24:14 - Grade 9 - Meaford Harbour Run - July 9, 2022
9	Jenelle Lyman - 24:48 - Grade 9 - Meaford Road Race - July 8, 2017

5000m Top Grade 7-8	
1	Matalyn Lee - 20:55 - Grade 8 - Meaford Road Race - July 9, 2016
2	Jessica Ruest - 21:49 - Grade 8 - Meaford Road Race - July 13, 2013
3	Teagan Davies - 21:51 - Grade 7 - Meaford Road Race - July 11, 2015
4	Payton Wepler - 22:13 - Grade 8 - Elmira ENDURace - April 13, 2019
5	Bethany Woodhouse - 22:24.2 - Grade 8 - Owen Sound Bayshore - Aug 26, 2018
6	Isabel Spence - 23:08 - Grade 7 - Meaford Harbour Run - July 9, 2022
7	Hannah Knight - 23:15 - Grade 7 - Meaford Road Race - July 11, 2015
8	Jessie Lister - 23:27 - Grade 8 - Meaford Harbour Run - July 9, 2022
9	Madison Calder - 24:00.2 - Grade 8 - Owen Sound Bayshore - Aug 26, 2018
10	Coco Robertson - 24:15 - Grade 7 - Meaford Road Race - July 14, 2018

5000m Top Grade 5-6	
1	Kara Tichbourne - 20:54 - Grade 6 - Meaford Road Race - July 9, 2016
2	Olivia Karn - 21:26 - Grade 6 - Owen Sound Bayshore Race - Aug 23, 2015
3	Olivia Latham - 21:55 - Grade 5 - Owen Sound Bayshore - Aug 25, 2019
4	Zoey Killeen - 22:39 - Grade 6 - Meaford Road Race - July 9, 2016

5	Taryn Wepler - 22:23 - Grade 5 - Waterloo 5k Road Race - Dec 7, 2019
6	Alex Scheiffele - 23:47 - Grade 6 - Owen Sound Bayshore Race - Aug 23, 2015
7	McKenna Karn - 24:07 - Grade 5 - Meaford Road Race - July 9, 2016
8	Sydney Martin - 24:21 - Grade 6 - Meaford Road Race - July 8, 2017
9	Teagan Davies - 24:37 - Grade 5 - Meaford Road Race - July 13, 2013 ^[1] _[SEP]
10	Matalyn Lee - 25:05 - Grade 5 - Meaford Road Race - July 13, 2013

5000m Top Grade 3-4	
1	Kara Tichbourne - 20:54 - Grade 4 - Meaford Road Race - July 11, 2015
2	Olivia Latham - 22:23.9 - Grade 4 - Owen Sound Bayshore - Aug 26, 2018
3	Bethany Woodhouse - 22:36 - Grade 4 - Meaford Road Race - July 12, 2014
4	Taryn Wepler - 22:53.1 - Grade 4 - Neustadt 5km Race - Aug 10, 2019
5	Olivia Latham - 22:54 - Grade 4 - Meaford Road Race - July 14, 2018
6	Payton Dodd - 23:04 - Grade 4 - Owen Sound Bayshore Race - Aug 23, 2015
7	Estelle MacInnes-Wiley - 23:44 - Grade 3 - Owen Sound Bayshore - Aug 25, 2019
8	Megan Cowan - 23:48 - Grade 3 - Meaford Road Race - July 9, 2016
9	Kate Earle - 24:04 - Grade 3 - Owen Sound Bayshore - Aug 25, 2019
10	McKenna Karn - 24:19 - Grade 4 - Meaford Road Race - July 11, 2015 ^[1] _[SEP]

5000m Top Grade 2 and Under	
1	Kara Tichbourne - 21:40 - Grade 2 - Meaford Road Race - July 13, 2013
2	Freja Kulakowsky - 26:17 - Grade 2 - Meaford Road Race - July 14, 2018
3	Olivia Latham - 26:23 - Grade 2 - Meaford Road Race - July 9, 2016 ^[1] _[SEP]
4	Charlotte Woodhouse - 28:33 - Grade 1 - Meaford Road Race - July 12, 2014

5000m Top Masters 30-39	
1	Dawn Russell-Smith - 30:08 - 35-39y.o - Owen Sound Road Race - Aug 25, 2012

5000m Top Masters 40-44	
1	Sharon LeBlanc - 22:28 - 44y.o. - Meaford Road Race - July 12, 2014
2	Kathy Higgs - 24:06 - 44y.o. - Meaford Road Race - July 13, 2013

5000m Top Masters 45-49	
1	Kate Manwell - 24:02 - 45yo - Meaford Road Race - July 14, 2018
2	Kathy Higgs - 24:39 - 45yo - Thornbury 5km Road Race - Oct 19, 2014
3	Jacque Boland - 27:37 - 47yo. - Meaford Road Race - July 11, 2015

5000m Top Masters 50-54	
1	Liesbeth Halbertsma - 23:25 - 52yo - Meaford Road Race - July 11, 2015
2	Sylvie Glennie - 25:30 - 52yo - Meaford Road Race - July 11, 2015

5000m Top Masters 65-69	
1	Donna Pickard - 30:50 - 65yo - Meaford Road Race - July 14, 2018