

MEAFORD COYOTES TRACK CLUB ALL-TIME "TOP 10" PERFORMANCES

Last updated - April 13, 2016

Provincial Records:

Kara Tichbourne - 800m - 2:54.80 - Gr2, Guelph MTA - June 1/13 - Prov. Record 8 y.o.
Kara Tichbourne - 1500m 5:58.73 - Gr2 - MTA Prov'l - July 20/13 - Prov. Record 8 y.o.
Kara Tichbourne - 1500m - 5:32.67 - Gr3 - Flying Angels - July 5/14 - Prov. Record 9 y.o.
Kara Tichbourne - 1200m - 4:09.10 - Gr4 - MTA Prov'l - July 25/15 - Prov. Record 10y.o.

MTA Championship Medals:

Atom Boys [Gr 6-7] 2km XC - 3rd Place Team - OCT 25, 2014
[Peter Ruest, Jacob French, Matthew Nickels, Jamie MacCulloch]
Payton Dodd - 400m - 1:10.20 - 2nd - Gr5 - July 25/15
Tayden Hannivan - 1500m - 4:59.00 - 3rd - Gr6 - July 25, 2015
Hayden Hindle - 400m - 1:28.99 - 2nd - Gr2 - April 9, 2016
Olivia Latham - 800m - 3:20.42 - 2nd - Gr1 - July 25, 2015
Olivia Latham - 400m - 1:23.92 - 3rd - Gr2 - April 9, 2016
Olivia Latham - 800m - 3:01.43 - 2nd - Gr2 - April 10, 2016
Taryn Lee - 800m - 3:22.55 - Gr2 - July 25, 2015
Jeffrey McPherson - 1500m - 3rd - Gr5 - Mar 30, 2014
William Olivier - 500m XC - 3rd - Gr1 - Oct. 24, 2015
Lily St. Marie - 800m - 3:22.53 - 2nd - Gr2 - July 26/14
Denon Taylor - 400m - 1:17.90 - 2nd - Gr2 - July 25, 2015
Denon Taylor - 800m - 3:09.73 - 3rd - Gr2 - July 25, 2015
Julia Tichbourne - 1500m - 6:28.22 - 3rd - Gr3 - July 20/13
Kara Tichbourne - 800m - 2:57.15 - 1st - Gr1 - July 20/13
Kara Tichbourne - 1500m - 5:58.73 - 1st - Gr1 - July 20/13
Kara Tichbourne - 1km XC - 1st - Gr2 - Oct 26/13
Kara Tichbourne - 800m - 2:49.37 - 2nd - Gr3 - Mar 30/14
Kara Tichbourne - 1500m - 5:39.47 - 1st - Gr3 - Mar 30/14
Kara Tichbourne - 800m - 2:48.23 - 2nd - Gr3 - July 26/15
Kara Tichbourne - 1500m - 5:38.46 - 2nd - Gr3 - July 26/14
Kara Tichbourne - 2km XC - 3rd - Gr3 - Oct 25/14
Kara Tichbourne - 800m - 2:44.58 - 1st - Gr4 - Mar 22/15
Kara Tichbourne - 1200m - 4:19.79 - 1st - Gr4 - Mar 21/15
Kara Tichbourne - 800m - 2:39.97 - 1st - Gr4 - July 25, 2015
Kara Tichbourne - 1200m - 4:09.10 - 1st - Gr4 - July 25, 2015
Kara Tichbourne - 1500m - 5:15.33 - 3rd - Gr5 - April 9, 2016
Bethany Woodhouse - 800m - 2:52.64 - 3rd - Gr4 - Mar 30/14
Bethany Woodhouse - 1500m - 5:44.28 - 2nd - Gr4 - Mar 30/14
Bethany Woodhouse - 800m - 2:50.46 - 3rd - Gr4 - July 26/15
Charlotte Woodhouse - 400m - 1:32.29 - 3rd - Gr1 - Mar 30/14
Charlotte Woodhouse - 800m - 3:27.25 - 3rd - Gr1 - Mar 30/14
Charlotte Woodhouse - 400m - 1:26.96 - 2nd - Gr2 - Mar 21/15
Charlotte Woodhouse - 800m - 3:13.53 - 1st - Gr2 - Mar 22/15

MEAFORD COYOTES TRACK CLUB ALL-TIME "TOP 10" PERFORMANCES

OFSAA Medals:

Alysha Hooper - 3000m XC - Grade 9 - 2003 - silver
Jared Ruest - 6000m XC - Grade 10 - 2012 - silver
Hannah Woodhouse - 3000m Track - Grade 10 - June 8, 2013 - silver
Hannah Woodhouse - 3000m Track - Grade 11 - June 7, 2014 - bronze
Hannah Woodhouse - 6000m XC - Grade 12 - Nov 1, 2014 - silver

Athletics Ontario Championship Medals:

Olivia Karn - 800m - 2:28.73 - 2nd - Gr7 - Mar 6, 2016
Olivia Karn - 1200m - 4:03.55 - 3rd - Gr7 - Mar 5, 2016
Matalyn Lee - 2000m - 7:17.45 - 3rd - Gr7 - Mar 8, 2015
Jessie Nusselder - 3000m - 10:28.01 - 3rd - Gr12 - June 14, 2015
Sam Nusselder - 1200m - 3:26.48 - 3rd - Gr9 - Mar 1, 2014
Sam Nusselder - 2000m - 6:05.92 - 2nd - Gr9 - Mar 2, 2014
Michael Ruest - 2000m - 7:12.34 - 2nd - Gr6 - Mar 2, 2013
Jared Ruest - 3000m - 9:04.23 - 3rd - Gr10 - Mar 17, 2013
Peter Ruest - 2000m - 7:27.54 - 3rd - Gr5 - Mar 2, 2013
Hannah Woodhouse - 3000m - 10:17.82 - 1st - Gr10 - Feb 17, 2013
Hannah Woodhouse - 3000m - 10:13.77 - 3rd - Gr10 - Mar 3, 2013
Hannah Woodhouse - 4km XC - 3rd - Gr11 - Nov. 17, 2013
Hannah Woodhouse - 1500m - 4:38.33 - 3rd - Gr11 - Mar 1, 2014
Hannah Woodhouse - 3000m - 9:58.41 - 1st - Gr11 - Mar 2, 2014
Hannah Woodhouse - 4km XC - 1st - Gr12 - Nov. 16, 2014
Hannah Woodhouse - 1500m - 4:37.82 - 1st - Gr12 - Mar 7, 2015
Hannah Woodhouse - 3000m - 9:43.32 - 1st - Gr12 - 1st - Mar 8, 2015

National Medals:

Steven Nadjiwan - 1500m - Gr11 - 3rd - Can. Indoor Champs - Mar 14/14 - 4:12.37
Steven Nadjiwan - 3000m - Gr11 - 3rd - Can. Indoor Champs - Mar 15/14 - 9:07.42
Hannah Woodhouse - 1500m - Gr11 - 1st - Can. Indoor Champs - Mar 14/14 - 4:36.69
Hannah Woodhouse - 3000m - Gr11 - 1st - Can. Indoor Champs - Mar 15/14 - 9:55.14
Hannah Woodhouse - XC 6000m - Gr12 - 1st - Can. Jr. Nat'l XC Champs - Nov 29/14

International Medals:

Hannah Woodhouse - 5.2km - Gr12 - 2nd - PanAM XC Jr. Championships Barranquilla, Columbia - Feb 22, 2015

World Championship Competitions:

Hannah Woodhouse - Gr 12 - 2015 World Junior Cross Country Champs 60th of 101 - Guiyang, China, March 28, 2015

MEAFORD COYOTES TRACK CLUB ALL-TIME "TOP 10" PERFORMANCES

FEMALE "TOP 10" PERFORMANCES

60m "Top 10 Coyotes"

Bryce West - 8.24 - Grade 12 - AO Champs - March 1, 2014

100m "Top 10 Coyotes"

Bryce West - 12.81 - Grade 12 - GBSSA - May 20, 2014

Karla Thacker - 14.02 - Grade 7 - Kincardine Reg'l Meet - June 2012

200m "Top 10 Coyotes"

Bryce West - 26.09 - Grade 12 - GBSSA - May 20, 2014

Karly Thacker - 28.94 - Grade 7 - Kincardine Reg'l Meet - June 2012

Olivia Karn - 30.21 - Grade 6 - Area School Meet - June 10, 2015

Zoey Killeen - 33.54 - Grade 5 - Area School Meet - June 8, 2015

McKenna Karn - 34.98 - Grade 4 - Area School Meet - June 10, 2015

Teagan Davies - 36.72 - Grade 5 - Guelph MTA - June 2, 2013

Olivia Latham - ~39.50 - Grade 1 - MTA Provincials - March 22/15

Taryn Lee - 42.01 - Grade 2 - Bullets Indoor Games - Feb 21, 2015

300m "Top 10 Coyotes"

McKenna Karn - 1:00.32 - Grade 4 - London Indoor Classic - Jan 11/15

Taryn Lee - 1:10.61 - Grade 2 - London Indoor Classic - Jan 11/15

400m "Top 10 Coyotes"

Bryce West - 59:39 - Grade 12 - Regionals - May 27, 2014

Karly Thacker - 1:07 - Grade 8 - Area Track Meet - June 18, 2013

Zoe Sponagle - 1:09.61 - Grade 7 - Mississauga Olympians - May 24, 2015

Georgie Reidl - 1:09.89 - Grade 8 - Mississauga Olympians - June 20, 2015

Jessie Nusselder - 1:09 - Grade 12 - Club Time Trial - May 2, 2015

Olivia Karn - 1:09.70 - Grade 6 - Area School Meet - June 10, 2015

Sophie Bierer - 1:10.15 - Grade 7 - Flying Angels - July 5, 2014

Payton Dodd - 1:10.20 - Grade 4 - MTA Provincials - July 25, 2015

Jessica Ruest - 1:11.57 - Grade 8 - MCS School Meet - June 2013

Julia Latham - 1:11 - Grade 9 - Club Time Trial - May 2, 2015

400m "University Top 10"

Bryce West - 59.2 [i] - Simon Fraser University - 1st year - Feb 2015

400m "Grade 11-12-13 Top 10"

Bryce West - 59:39 - Grade 12 - Regionals - May 27, 2014

Jessie Nusselder - 1:09 - May 2, 2015 - Club Time Trial

400m "Grade 9-10 Top 10"

Julia Latham - 1:11 - Grade 9 - May 2, 2015 - Club Time Trial

MEAFORD COYOTES TRACK CLUB ALL-TIME “TOP 10” PERFORMANCES

400m “Grade 7-8 Top 10”

Karly Thacker - 1:07 - Grade 8 - Area Track Meet - June 18, 2013
Zoe Sponagle - 1:09.61 - Grade 7 - Mississauga Olympians - May 24, 2015
Georgie Reidl - 1:09.89 - Grade 8 - Mississauga Olympians - June 20, 2015
Sophie Bierer - 1:10.15 - Grade 7 - Flying Angels - July 5, 2014
Jessica Ruest - 1:11.57 - Grade 8 - MCS School Meet - June 2013
Matalyn Lee - 1:14 - Grade 7 - Club Time Trial - May 2, 2015
Teagan Davies - 1:19 - Grade 7 - Club Time Trial - May 2, 2015
Hannah Knight - 1:31 - Grade 7 - Club Time Trial - May 2, 2015

400m “Grade 5-6 Top 10”

Olivia Karn - 1:09.70 - Grade 6 - Area School Meet - June 10, 2015
Zoe Killeen - 1:15.50 - Grade 5 - Area School Meet - June 8, 2015
Alex Scheiffele - 1:15 - Grade 6 - Club Time Trial - May 2, 2015
Colleen Beck - 1:16.04 - Grade 6 - Hershey Qualifier - May 26/13
Skye Kavcic - 1:22.32 - Grade 5 - Flying Angels - July 5, 2014
Bethany Woodhouse - 1:22 - Grade 5 - Club Time Trial - May 2, 2015
Allie Ladly - 1:22 - Grade 5 - Club Time Trial - May 2, 2015
Tayah Davies - 1:28 - Grade 5 - Club Time Trial - May 2, 2015
Julia Tichbourne - 1:35 - Grade 6 - Club Time Trial - May 2, 2015
Hannah Knight - 1:47 - Grade 5 - Club Time Trial - May /13

400m “Grade 3-4 Top 10”

Payton Dodd - 1:10.20 - Grade 4 - MTA Provincials - July 25, 2015
Kara Tichbourne - 1:18 - Grade 4 - Club Time Trial - May 2, 2015
McKenna Karn - 1:20 - Grade 4 - Area School Meet - June 10, 2015
Teagan Davies - 1:22.14 - Grade 4 - Flying Angels Classic - Jan 14/14
Bethany Woodhouse - 1:25.83 - Grade 3 - Hershey Qualifier - May 26/13
Keira Sponagle - 1:28.91 - Grade 4 - Mississauga Olympians - May 24, 2015
Evie Allen - 1:32.60 - Grade 4 - Area Track Meet - Meaford - June 8, 2015
Sydney Martin - 1:33.15 - Grade 3 - Brampton Bullets Indoor - Feb 8/4
Julia Tichbourne - 1:35 - Grade 4 - Club Time Trial - May 2013
Emma Wright - 1:37 - Grade 4 - Club Time Trial - May 2013

400m “Grade 2 and Under” Top 10”

Olivia Latham - 1:23.92 - Grade 2 - MTA Provincials - April 9, 2016
Taryn Lee - 1:25.40 - Grade 2 - MTA Provincials - July 25, 2015
Charlotte Woodhouse - 1:26.96 - Grade 2 - MTA Provincials - Mar 21, 2015
Ava Olivier - 1:30.50 - Grade 2 - MTA Provincials - July 25, 2015
Lilly St. Marie - 1:30.90 - Grade 2 - MTA Provincial's - July 26, 2014
Kara Tichbourne - 1:36 - Grade 2 - Club Time Trial - May 2013
Natalie Book - 1:41.10 - Grade 1 - Mississauga Olympians - June 20, 2015
Hannah Davies - 1:45 - Grade 1 - Club Time Trial - May 2, 2015
Evie Allen - 1:46.29 - Grade 2 - Flying Angels - July 5, 2014
Ava Fischer - 2:02 - Grade 2 - Club Time Trial - May 2013

MEAFORD COYOTES TRACK CLUB ALL-TIME “TOP 10” PERFORMANCES

400m “Masters Top 10”

Kathy Higgs - 1:25 - 40-44y.o. Masters - Club Time Trial - May 2011
Sharon LeBlanc - 1:30 - 40-44y.o. Masters - Club Time Trial - May 2013
Sylvie Hand - 1:37 - 50-54y.o. Masters - Club Time Trial - May 2013

600m “Top 10 Coyotes”

Olivia Karn - 2:08.05 - Grade 6 - London Indoor Classic - Jan 11/15
Hannah Knight - 2:18.41 - Grade 7 - London Indoor Classic - Jan 11/15
Taryn Lee - 2:28.37 - Grade 2 - London Indoor Classic - Jan 11/15
Charlotte Woodhouse - 2:30.60 - Grade 2 - London Indoor Classic - Jan 11/15

600m “Grade 7-8 Top 10”

Hannah Knight - 2:18.41 - Grade 7 - London Indoor Classic - Jan 11, 2015

600m “Grade 5-6 Top 10”

Olivia Karn - 2:08.05 - Grade 6 - London Indoor Classic - Jan 11, 2015

600m “Grade 3-4 Top 10”

600m “Grade 1-2 Top 10”

Taryn Lee - 2:28.37 - Grade 2 - London Indoor Classic - Jan 11, 2015
Charlotte Woodhouse - 2:30.60 - Grade 2 - London Indoor Classic - Jan 11, 2015

800m “Top 10 Coyotes”

Hannah Woodhouse - 2:19.94 - Grade 11 - Flying Angels - July 5, 2014
Olivia Karn - 2:28.64 - Grade 7 - MTA Provincials - April 10, 2016
Jessie Nusselder - 2:26.34 - Grade 11 - Flying Angels Classic - Jan 14, 2014
Rose Nadjiwan - 2:29.44 - Grade 10 - Flying Angels - July 5, 2014
Matalyn Lee - 2:30.11 - Gr8 - MTA Provincials - April 10, 2016
Alysha Hooper - 2:32.04 - 3rd yr university - Bucknell University - May, 2011
Kara Tichbourne - 2:38.74 - Gr 4 - Mississ. Olympians - Jun 20/15 - [Prov. Record 10y.o]
Bryce West - 2:38.78 - Grade 12 - Flying Angels - July 5, 2014
Sara Harvey - 2:39 - Grade 10 - CWOSSA - May 22, 2013
Zoe Sponagle - 2:43 - Grade 7 - Area School Meet - June 10, 2015

800m “Grade 11-12-13 Top 10”

Hannah Woodhouse - 2:19.94 - Grade 11 - Flying Angels - July 5, 2014
Jessie Nusselder - 2:26.34 - Grade 11 - Flying Angels Classic - Jan 14, 2014
Bryce West - 2:38.78 - Grade 12 - Flying Angels - July 5, 2014

800m “Grade 9-10 Top 10”

Rose Nadjiwan - 2:29.44 - Grade 10 - Flying Angels - July 5, 2014
Hannah Woodhouse - 2:29.88 - Grade 9 - RCL Prov'l - Feb 2012
Sara Harvey - 2:39 - Grade 10 - CWOSSA - May 22, 2013

MEAFORD COYOTES TRACK CLUB ALL-TIME "TOP 10" PERFORMANCES

800m "Grade 7-8 Top 10"

Olivia Karn - 2:28.64 - Grade 7 - MTA Provincials - April 10, 2016
Matalyn Lee - 2:30.11 - Gr8 - MTA Provincials - April 10, 2016
Zoe Sponagle - 2:43 - Grade 7 - Area School Meet - June 10, 2015
Karly Thacker - 2:47.19 - Grade 8 - MCS School Track Meet - June 2013
Georgie Reidl - 2:47.58 - Grade 8 - Mississauga Olympians - May 24, 2015
Sophie Bierer - 2:50 - Grade 7 - Area School Meet - June 2, 2014
Teagan Davies - 2:54 - Grade 7 - - Club Time Trial - May 2, 2015
Jessica Ruest - 2:55.75 - Grade 8 - MCS School Meet - June 2013
Emily Verburg - 2:55.84 - Grade 7 - MCS School Meet - June 2013
Hannah Knight - 3:11 - Grade 7, Area School Meet - June 8, 2015

800m "Grade 5-6 Top 10"

Olivia Karn - 2:36.30 - Grade 6 - Mississauga Olympians - June 20, 2015
Kara Tichbourne - 2:40.35 - Grade 5 - MTA Provincials - April 10, 2015
Bethany Woodhouse - 2:49.97 - Grade 5 - MTA Provincials - March 22, 2015
Payton Dodd - 2:50.29 - Grade 5 - MTA Provincials - April 10, 2015
Colleen Beck - 2:51.52 - Grade 6 - Hershey Provincials - June 22, 2013
Teagan Davies - 2:52 - Grade 6 - Area School Meet - May 2014
Alex Scheiffele - 2:55 - Grade 6 - Club Time Trial - May 2, 2015
Matalyn Lee - 2:56.73 - Grade 6 - MTA Provincials - Mar 30, 2014
Emma Wright - 3:04 - Grade 5 - Area Track Meet - May 30, 2014
Allie Ladly - 3:05 - Grade 5 - Club Time Trial - May 2, 2015

800m "Grade 3-4 Top 10"

Kara Tichbourne - 2:38.74 - Gr 4 - Mississ. Olympians - June 20/15
Bethany Woodhouse - 2:50.46 - Grade 4 - MTA Provincials - July 26, 2014
Payton Dodd - 2:51.57 - Grade 4 - MTA Provincials - July 25, 2015
Sydney Martin - 2:57.61 - Grade 4 - MTA Provincials - March 22, 2015
Taryn Lee - 2:58.82 - Grade 3 - MTA Provincial - April 10, 2016
Julia Tichbourne - 3:03.98 - Grade 4 - Guelph MTA - June 1, 2013
McKenna Karn - 3:05.92 - Grade 4 - MTA Provincials, July 25, 2015
Tayah Davies - 3:12 - Grade 4 - Area School Meet - 2014
Evie Allen - 3:32 - Grade 3 - Club Time Trial - May 2, 2015
Dana Tulloch - 3:39.52 - Grade 4 - Flying Angels - July 5, 2014

800m "Grade 2 and Under Top 10"

Kara Tichbourne - 2:54.80 - Gr 2 - Guelph MTA - Jun 1, 2013 - Prov. Record [6-7 y.o.]
Olivia Latham - 3:01.43 - Grade 2 - MTA Provincials - April 10, 2016
Charlotte Woodhouse - 3:13.53 - Grade 2 - MTA Provincials - March 21, 2015
Taryn Lee - 3:20 - Grade 2 - May 2, 2015 - Club Time Trial
Lilly St. Marie - 3:22.53 - Grade 2 - MTA Provincials - July 26, 2014
Ava Olivier - 3:37.70 - Grade 2 - MTA Provincials - July 25, 2015
Sydney Martin - 3:45 - Grade 2 - Club Time Trial - May 2013
Hannah Davies - 3:46 - Grade 1 - Club Time Trial - May 2, 2015

MEAFORD COYOTES TRACK CLUB ALL-TIME “TOP 10” PERFORMANCES

Natalie Book - 3:48 - Grade 1 - Club Time Trial - May 2, 2015

Ava Fischer - 4:05 - Grade 2 - Club Time Trial - May 2013

800m “Masters Top 10”

Kathy Higgs - 3:11 - 40-44 y.o. Masters - Club Time Trial - May 2011

1000m “Top 10 Coyotes”

Alysha Hooper - 3:06.23 - 1st yr. university - Bucknell University - Feb / 09

Hannah Woodhouse - 3:10.77 - Grade 10 - Variety Village - Jan 13, 2013

Rose Nadjiwan - 3:20.96 - Grade 9 - Variety Village - Jan 13, 2013

Karly Thacker - 3:43.12 - Grade 8 - Variety Village - Jan 13, 2013

Jessica Ruest - 3:43.49 - Grade 8 - Variety Village - Jan 13, 2013

Bethany Woodhouse - 3:51 - Grade 3 - Owen Sound Road Race - Aug 25, 2013

Teagan Davies - 3:55.15 - Grade 5 - Variety Village - Jan 13, 2013

Kara Tichbourne - 4:08.75 - Grade 2 - Variety Village - Jan 13, 2013

Zoe LeBlanc - 4:14 - Grade 4 - Owen Sound Road Race - Aug 25, 2013

Sydney Martin - 4:20 - Grade 2 - Owen Sound Road Race - Aug 25, 2013

1000m “Grade 11-12-13 Top 10”

1000m “Grade 9-10 Top 10”

Hannah Woodhouse - 3:10.77 - Grade 10 - Variety Village - Jan 13, 2013

Rose Nadjiwan - 3:20.96 - Grade 9 - Variety Village - Jan 13, 2013

1000m “Grade 7-8 Top 10”

Karly Thacker - 3:43.12 - Grade 8 - Variety Village - Jan 13, 2013

Jessica Ruest - 3:43.49 - Grade 8 - Variety Village - Jan 13, 2013

1000m Grade 5-6 Top 10”

Teagan Davies - 3:55.15 - Grade 5 - Variety Village - Jan 13, 2013
Hannah Knight - 4:28.82 - Grade 5 - Variety Village - Jan 13, 2013

1000m “Grade 3-4 Top 10”

Bethany Woodhouse - 3:51 - Grade 3 - Owen Sound Road Race - Aug 25, 2013

Zoe LeBlanc - 4:14 - Grade 4 - Owen Sound Road Race - Aug 25, 2013

Julia Tichbourne - 4:22.58 - Grade 4 - Variety Village - Jan 13, 2013

Emma Wright - 4:49 - grade 4 - Club Time Trial - April 2013

Alexandra Falls - 4:51 - Grade 3 - Owen Sound Road Race - Aug 25, 2013

Tayah Davies - 5:34 - Grade 3 - Club Time Trial - April 2013

1000m “Grade 2 and Under Top 10”

Kara Tichbourne - 4:08.75 - Grade 2 - Variety Village - Jan 13, 2013

Sydney Martin - 4:20 - Grade 2 - Owen Sound Road Race - Aug 25, 2013

Mackenzie Falls - 4:32 - Grade 2 - Owen Sound Road Race - Aug 25, 2013

Charlotte Woodhouse - 4:35 - SK - Owen Sound Road Race - Aug 25, 2013

Taryn Lee - 5:10 - SK - Owen Sound Road Race - Aug 25, 2013

Olivia Latham - 5:29 - Coyotes XC Race - Oct 4, 2014

MEAFORD COYOTES TRACK CLUB ALL-TIME “TOP 10” PERFORMANCES

Ava Fischer - 5:34 - Grade 2 -Club Time Trial - April 2013
Evie Allen - 5:50 - Grade 1 - Coyote Cross Country Race - Sept 2012
Natalie Book - 6:15 - JK - Owen Sound Road Race - Aug 25, 2013

1000m “Masters Top 10”

Sharon LeBlanc - 4:47 - 40-44y.o Masters - Club Time Trial - May 2013

1200m “Top 10 Coyotes”

Rose Nadjiwan - 3:58.19 - Grade 9 - AO Prov. - Mar 2-3, 2013
Matalyn Lee - 3:59.69 - Grade 8 - AO Prov. - Mar 5, 2016
Olivia Karn - 4:03.55 - Grade 7 - AO Prov. - Mar 5, 2016
Kara Tichbourne - 4:09.10 - Gr 4 - MTA Provincials - July 25, 2015- [Prov Record 10yo]
Bethany Woodhouse - 4:34.44 - Grade 4 - AO Champs - Mar 1-2, 2014
Zoe MacCulloch - 4:36.64 - Grade 9 - AO Prep Meet - Feb 7, 2015
Julia Latham - 4:37.67 - Grade 9 - AO Prep Meet - Feb 7, 2015
Sydney Martin - 4:42.86 - Grade 4 - MTA Provincials - Mar 21, 2015
Jessica Ruest - 4:45.42 - Grade 6 - Variety Village - Jan 8, 2011

1200m “Grade 11,12,13 Top 10”

1200m “Grade 9-10 Top 10”

Rose Nadjiwan - 3:58.19 - Grade 9 - AO Prov. - Mar 2-3, 2013
Zoe MacCulloch - 4:36.64 - Grade 9 - AO Prep Meet - Feb 7, 2015
Julia Latham - 4:37.67 - Grade 9 - AO Prep Meet - Feb 7, 2015

1200m “Grade 7-8 Top 10”

Matalyn Lee - 3:59.69 - Gr8 - AO Prov. - Mar 5, 2016
Olivia Karn - 4:03.55 - Gr7 - AO Prov. - Mar 5, 2016

1200m “Grade 5-6 Top 10”

Kara Tichbourne - 4:17.62 - Grade 5 - AO Prep Meet - Feb 7, 2016
Jessica Ruest - 4:45.42 - Grade 6 - Variety Village - Jan 8, 2011

1200m “Grade 3-4 Top 10”

Kara Tichbourne - 4:09.10 - Gr 4 MTA Provincials - July 25, 2015 - [Prov Record 10yo]
Bethany Woodhouse - 4:34.44 - Grade 4 - AO Champs - Mar 1-2/14
Sydney Martin - 4:42.86 - Grade 4 - MTA Provincials - Mar 21/15
McKenna Karn - 4:56.10 - Grade 4 - MTA Provincials - July 25/15
Taryn Lee - 4:56.22 - Gr3 - MTA Prep Meet - Jan 24/16
Ava Olivier - 5:36.82 - Gr3 - MTA Prep Meet - Jan 24/16

1200m “Grade 1-2 Top 10”

1500m “Top 10 Coyotes”

Hannah Woodhouse - 4:35.27 - Grade 11 - OFSAA Regionals - May 31, 2014
Alysha Hooper - 4:45.43 - 4th year - Bucknell U. - May 2011
Jessie Nusselder - 4:51.18 - Grade 12 - AO Champs - June 13, 2015

MEAFORD COYOTES TRACK CLUB ALL-TIME “TOP 10” PERFORMANCES

Rose Nadjiwan - 5:05.39 - Grade 10 - OFSAA Regionals - May 31, 2014
Matalyn Lee - 5:06.97 - Grade 8 - MTA Provincials - April 9, 2016
Olivia Karn - 5:15.02 - Grade 7 - MTA Provincials - April 9, 2016
Kara Tichbourne - 5:15.33 - Grade 5 - MTA Provincials - April 9, 2016
Jessica Ruest - 5:33 - Grade 8 - Area School Meet - June 18, 2013
Teagan Davies - 5:39 - Grade 7 - Area Track Meet - June 8, 2015
Bethany Woodhouse - 5:44.28 - Grade 4 - MTA Provincials - Mar 30, 2014

1500m “Grade 11-12-13 Top 10”

Hannah Woodhouse - 4:35.27 - Grade 11 - OFSAA Regionals - May 31, 2014
Alysha Hooper - 4:46.43 - Grade 12 - Ottawa - Aug 15, 2007
Jessie Nusselder - 4:51.18 - Grade 12 - AO Champs - June 13, 2015

1500m “Grade 9-10 Top 10”

Hannah Woodhouse - 4:47.01 - Grade 10 - AO Prov'l - Mar 2-3, 2013
Jessie Nusselder - 5:05.02 - Grade 10 - CWOSSA - May 22, 2013
Rose Nadjiwan - 5:05.39 - Grade 10 - OFSAA Regionals - May 31, 2014
Julia Latham - 5:52 - Grade 9 - Club Time Trial - May 2, 2015
Jessica Ruest - 5:58.94 - Grade 10 - London Indoor Games - Jan 11, 2015

“Grade 7-8 Top 10”

Matalyn Lee - 5:06.97 - Grade 8 - MTA Provincials - April 9, 2016
Olivia Karn - 5:15.02 - Grade 7 - MTA Provincials - April 9, 2016
Jessica Ruest - 5:33 - Grade 8 - Area School Meet - June 18, 2013
Teagan Davies - 5:39 - Grade 7 - Area Track Meet - June 8, 2015
Georgie Reidl - 6:01.90 - Grade 8 - Mississauga Olympians - May 24, 2015
Zoe MacCulloch - 6:04 - Grade 8 - Team Time Trial - June 28, 2014
Julia Latham - 6:09 - Grade 8 - Team Time Trial - June 28, 2014
Hannah Knight - 6:33.75 - Grade 7 - London Indoor Games - Jan 11, 2015

1500m “Grade 5-6 Top 10”

Kara Tichbourne - 5:15.33 - Grade 5 - MTA Provincials - April 9, 2016
Olivia Karn - 5:22.29 - Grade 6 - Mississauga Olympians - June 20, 2015
Matalyn Lee - 5:42 - Grade 6 - Team Time Trial - June 28, 2014
Alex Scheiffele - 5:46.51 - Grade 6 - Mississauga Olympians - May 24, 2015
Bethany Woodhouse - 5:50.05 - Grade 5 - MTA Provincials - Mar 21, 2015
Payton Dodd - 5:47.40 - Grade 5 - MTA Provincials - April 9, 2016
Zoey Killeen - 6:01.22 - Grade 5 - Mississauga Olympians - May 24, 2015
Teagan Davies - 6:02 - Grade 6 - Team Time Trial - June 28, 2014
Julia Tichbourne - 6:10.60 - Grade 5 - Brampton Bullets - Feb 8, 2014
McKenna Karn - 6:12.47 - Gr5 - MTA Prep Meet - Jan 24, 2016

1500m “Grade 3-4 Top 10”

Kara Tichbourne - 5:32.67 - Grade 3 - Flying Angels - July 5/14 - Prov. Record 8 y.o.]
Bethany Woodhouse - 5:44.28 - Grade 4 - MTA Provincials - Mar 30/14
Taryn Lee - 6:08.09 - Gr3 - MTA Prep Meet - Feb 27/16

MEAFORD COYOTES TRACK CLUB ALL-TIME "TOP 10" PERFORMANCES

Sydney Martin - 6:12 - Grade 4 - Club Time Trial - May 2, 2015
McKenna Karn - 6:20 - Grade 4 - Club Time Trial - May 2, 2015
Julia Tichbourne - 6:28.22 - Grade 4 - MTA Prov'l - July 20, 2013
Dana Tulloch - 6:52.05 - Grade 4 - Flying Angels - July 5, 2014
Ava Fischer - 7:41 - Grade 3 - Team Time Trial - June 28, 2014
Evie Allen - 7:38.49 - Grade 4 - Area Track Meet - June 8, 2015
Genevieve Dubeau - 8:21 - Grade 3 - Team Time Trial - June 28, 2014

1500m "Grade 2 and Under Top 10"

Kara Tichbourne - 5:58.73 - Grade 2 - MTA Prov'l - July 20, '13 - Prov. Record 7 y.o.
Olivia Latham - 6:25.96 - Gr2 - MTA Prep Meet - Feb 27, 2016
Charlotte Woodhouse - 6:49.50 - Grade 1 - Flying Angels - July 5, 2014
Lilly St. Marie - 7:26 - Grade 2 - Team Time Trial - June 28, 2014
Evie Allen - 8:42 - Grade 2 - Team Time Trial - June 28, 2014
Payton Dobie - 9:22 - Grade 2 - Team Time Trial - June 28, 2014
Natalie Book - 10:22 - SK - Team Time Trial - June 28, 2014
Taryn Lee - 10:32 - Grade 1 - Team Time Trial - June 28, 2014

1 Mile "Top 10 Coyotes"

Alysha Hooper - 5:07.32 - 3rd yr university - Bucknell University - May / 11

1600m "Top 10 Coyotes"

Jessica Ruest - 6:18.62 - Grade 8 - Hershey Qualifier - May 26, 2013

2000m "Top 10 Coyotes"

Matalyn Lee - 7:02.25 - Gr8 - AO Provincials - Mar 6, 2016
Rose Nadjiwan - 7:12.98 - Grade 9 - ON. Legions - Feb 9, 2013
Jessica Ruest - 7:37.81 - Grade 8 - AO Prov - Mar 2-3, 2013
Kara Tichbourne - 7:38 - Grade 3 - AO Provincials - Mar 1-2, 2014
Bethany Woodhouse - 8:04.80 - Grade 4 - AO Provincials - Mar 1-2, 2014
Zoe MacCulloch - 8:09.81 - Grade 9 - AO Prep Meet - Feb 7, 2015
Julia Latham - 8:20.83 - Grade 9 - AO Prep Meet - Feb 7, 2015
Zoey Killeen - 9:09 - Grade 5 - Coyotes XC Race - Oct 4, 2014
Zoe LeBlanc - 9:10 - Grade 6 - Coyotes XC Race - Oct 4, 2014
Sydney Martin - 9:31 - Grade 4 - Coyotes XC Race - Oct 4, 2014

2000m "Top 10 Grade 9-10"

Rose Nadjiwan - 7:12.98 - Grade 9 - ON. Legions - Feb 9, 2013
Zoe MacCulloch - 8:09.81 - Grade 9 - AO Prep Meet - Feb 7, 2015
Julia Latham - 8:20.83 - Grade 9 - AO Prep Meet - Feb 7/15

2000m "Top 10 Grade 7-8"

Matalyn Lee - 7:02.25 - Gr8 - AO Provincials - Mar 6/16
Jessica Ruest - 7:37.81 - Grade 8 - AO Prov - Mar 2-3, 2013

2000m "Top 10 Grade 5-6"

Matalyn Lee - 7:53.28 - Grade 6 - AO Provincials - Mar 1-2/14

MEAFORD COYOTES TRACK CLUB ALL-TIME “TOP 10” PERFORMANCES

Teagan Davies - 8:47 - Grade 6 - Coyote XC Race - Oct 2013
Zoey Killeen - 9:09 - Grade 5 - Coyotes XC Race - Oct 4, 2014
Zoe LeBlanc - 9:10 - Grade 6 - Coyotes XC Race - Oct 4, 2014
Makayla French - 9:48 - Grade 6 - Coyotes XC Race - Oct 4, 2014
Emma Wright - 9:56 - Grade 6 - Coyotes XC Race - Oct 4, 2014
Tayah Davies - 10:02 - Grade 5 - Coyotes XC Race - Oct 4, 2014
Julia Tichbourne - 10:08 - Grade 6 - Coyotes XC Race - Oct 4, 2014
Hannah Knight - 10:59 - Grade 5 - Coyote XC Race - Sept 2012

2000m “Top 10 Grade 3-4”

Kara Tichbourne - 7:38 - Grade 3 - AO Provincials - Mar 1-2/14
Bethany Woodhouse - 8:04.80 - Grade 4 - AO Provincials - Mar 1-2/14
Sydney Martin - 9:31 - Grade 4 - Coyotes XC Race - Oct 4, 2014
Julia Tichbourne - 9:47 - Grade 3 - Coyote XC Race - Oct 2011
Tayah Davies - 10:06 - Grade 4 - Coyotes XC Race - Oct 2013
Ava Fischer - 12:03 - Grade 3 - Coyotes XC Race - Oct 4, 2014
Evie Allen - 14:29 - Grade 3 - Coyotes XC Race - Oct 4, 2014

2000m “Top 10 Grade 2 and Under”

Kara Tichbourne - 8:31 - Grade 2 - Coyote XC Race - Oct 2013

3000m “Top 10 Coyotes”

Hannah Woodhouse - 9:43.32 - Grade 12 - AO Prov. - Mar 8/15
Alysha Hooper - 10:12.51 - 4th yr - Bucknell U. - May 2012
Jessie Nusselder - 10:24.27 - Grade 12 - OFSAA - June 6, 2015
Rose Nadjiwan - 10:56.72 - Grade 9 - OFSAA Track - Midget. - June 8, 2013
Matalyn Lee - 11:33.27 - Grade 7 - London Indoor Games - Jan 11/15
Kara Tichbourne - 11:40.15 - Grade 4 - London Indoor Games - Jan 11/15
Jessica Ruest - 12:03.88 - Grade 9 - CWOSSA - May 21, 2014
Karly Thacker - 12:31 XC - Grade 8 - Coyote XC Race - Sept 2012
Shayla Verburg - 12:43 - Grade 9 - CWOSSA - May 21, 2014
Julia Latham - 12:49.65 - Gr10 - AO Prov. - Mar 6/16

3000m “Top 10 University”

Alysha Hooper - 10:12.51 - 4th yr - Bucknell U. - May 2012

3000m “Top 10 Grade 11,12,13”

Hannah Woodhouse - 9:53.12 - Grade 11 - OFSAA - June 7, 2014
Jessie Nusselder - 10:24.27 - Grade 12 - OFSAA - June 6, 2015

3000m “Top 10 Grade 9-10”

Hannah Woodhouse - 9:54.15 - Grade 10 - OFSAA Track - Jr. - June 8, 2013
Jessie Nusselder - 10:47.73 - Grade 10 - OFSSA Track - Jr. - June 8, 2013
Rose Nadjiwan - 10:56.72 - Grade 9 - OFSAA Track - Midget. - June 8, 2013
Jessica Ruest - 12:03.88 - Grade 9 - CWOSSA - May 21, 2014
Shayla Verburg - 12:43 - Grade 9 - CWOSSA - May 21, 2014

MEAFORD COYOTES TRACK CLUB ALL-TIME "TOP 10" PERFORMANCES

Julia Latham - 12:49.65 - Gr10 - AO Prov. - Mar 6/16

Zoe MacCulloch - 13:14 - Grade 9 - Nov 16, 2015 - AO XC Champs

3000m "Top 10 Grade 7-8"

Matalyn Lee - 11:33.27 - Grade 7 - London Indoor Games - Jan 11/15

Karly Thacker - 12:31 XC - Grade 8 - Coyote XC Race - Sept 2012

Jessica Ruest - 12:33 XC - Grade 8 - Coyote XC Race - Sept 2012

Shayla Verburg - 14:17 - Grade 8 - Coyotes XC Race - Sept 2012

3000m "Top 10 Grade 5-6"

MaKayla French - 13:19.65 - Grade 6 - London Indoor Games - Jan 11/15

3000m "Top 10 Grade 3-4"

Kara Tichbourne - 11:40.15 - Grade 4 - London Indoor Games - Jan 11/15

3000m "Top Masters"

5000m "Top 10 Coyotes"

Alysha Hooper/Stroud - 17:18.98 - 4th yr - Bucknell U. - April 2011

Hannah Woodhouse - 17:30 - Grade 11 - Meaford Road Race - July 12, 2014

Jessie Nusselder - 18:50 - Grade 12 - Caledon Road Race - Sept 29, 2014

Rose Nadjiwan - 20:28 - Grade 10 - Caledon Road Race - Sept 29, 2014

Kara Tichbourne - 20:54 - Grade 4 - Meaford Road Race - July 11, 2015

Olivia Karn - 21:26 - Grade 6 - Owen Sound Bayshore Race - Aug 23, 2015

Matalyn Lee - 21:27 - Grade 7 - Owen Sound Bayshore Race - Aug 23, 2015

Jessica Ruest - 21:49 - Grade 8 - Meaford Road Race - July 13, 2013

Teagan Davies - 21:51 - Grade 7 - Meaford Road Race - July 11, 2015

Zoe MacCulloch - 21:51 - Grade 9 - Meaford Road Race - July 11, 2015

5000m "Top 10 University"

Alysha Hooper/Stroud - 17:18.98 - 4th yr - Bucknell U. - April 2011

5000m "Top 10 Grade 11-12-13"

Hannah Woodhouse - 17:30 - Grade 11 - Meaford Road Race - July 12, 2014

Jessie Nusselder - 18:49 - Grade 12 - Meaford Road Race - July 11, 2015

5000m "Top 10 Grade 9-10"

Hannah Woodhouse - 17:39 - Grade 10 - CMCC Road Race - Apr 27, 2013

Jessie Nusselder - 19:10 - Grade 10 - Meaford Road Race - July 13, 2013

Rose Nadjiwan - 20:34 - Grade 10 - Meaford Road Race - July 12, 2014

Zoe MacCulloch - 21:51 - Grade 9 - Meaford Road Race - July 11, 2015

Jessica Ruest - 22:03 - Grade 9 - Meaford Road Race - July 12, 2014

Julia Latham - 22:24 - Grade 9 - Caledon Road Race - Sept 29, 2014

5000m "Top 10 Grade 7-8"

Matalyn Lee - 21:27 - Grade 7 - Owen Sound Bayshore Race - Aug 23, 2015

Jessica Ruest - 21:49 - Grade 8 - Meaford Road Race - July 13, 2013

MEAFORD COYOTES TRACK CLUB ALL-TIME “TOP 10” PERFORMANCES

Teagan Davies - 21:51 - Grade 7 - Meaford Road Race - July 11, 2015
Hannah Knight - 23:15 - Grade 7 - Meaford Road Race - July 11, 2015
Zoe MacCulloch - 24:16 - Grade Grade 7 - Meaford Road Race - July 13, 2013
Shayla Verburg - 24:44 - Grade 8 - Meaford Road Race - July 13, 2013
Julia Latham - 25:28 - Grade 8 - Meaford Road Race - July 12, 2014
Camryn Metzger - 25:43 - Grade 8 - Meaford Road Race - July 13, 2013

5000m “Top 10 Grade 5-6”

Olivia Karn - 21:26 - Grade 6 - Owen Sound Bayshore Race - Aug 23, 2015
Alex Scheiffele - 23:47 - Grade 6 - Owen Sound Bayshore Race - Aug 23, 2015
Teagan Davies - 24:37 - Grade 5 - Meaford Road Race - July 13, 2013
Matalyn Lee - 25:05 - Grade 5 - Meaford Road Race - July 13, 2013
Skye Kavcic - 25:11 - Grade 6 - Meaford Road Race - July 11, 2015
Colleen Beck - 25:38 - Grade 6 - Meaford Road Race - July 13, 2013
Zoe LeBlanc - 27:23 - Grade 5 - Meaford Road Race - July 12, 2014
Nicole Greig - 32:42 - Grade 6 - Hanover Road Race - May, 2014

5000m “Top 10 Grade 3-4”

Kara Tichbourne - 20:54 - Grade 4 - Meaford Road Race - July 11, 2015
Bethany Woodhouse - 22:36 - Grade 4 - Meaford Road Race - July 12, 2014
Payton Dodd - 23:04 - Grade 4 - Owen Sound Bayshore Race - Aug 23, 2015
McKenna Karn - 24:19 - Grade 4 - Meaford Road Race - July 11, 2015
Julia Tichbourne - 24:38 - Grade 4 - Owen Sound Road Race - Aug 25, 2013
Sydney Martin - 26:31 - Grade 4 - Meaford Road Race - July 11, 2015
Tayah Davies - 26:33 - Grade 4 - Caledon Road Race - Sept 29, 2013
Evie Allen - 29:17 - Grade 3 - Meaford Road Race - July 11, 2015
Ava Fischer - 29:19 - Grade 3 - Meaford Road Race - July 11, 2015
Dana Tulloch - 29:21 - Grade 4 - Meaford Road Race - July 12, 2014

5000m “Top 10 Grade 2 and Under”

Kara Tichbourne - 21:40 - Grade 2 - Meaford Road Race - July 13, 2013
Charlotte Woodhouse - 28:33 - Grade 1 - Meaford Road Race - July 12, 2014

5000m “Top 10 Masters 30-39”

Dawn Russell-Smith - 30:08 - 35-39y.o. Masters - Owen Sound Road Race - Aug 25, '13

5000m “Top 10 Masters 40-44”

Sharon LeBlanc - 22:28 - 44y.o. - Meaford Road Race - July 12, 2014
Kathy Higgs - 24:06 - 44y.o. - Meaford Road Race - July 13, 2013

5000m Top 10 Masters 45-49”

Kathy Higgs - 24:39 - Thornbury blue Mountains 5km Road Race - Oct 19, 2014
Jacquie Boland - 27:37 - 47yo. - Meaford Road Race - July 11, 2015

5000m “Top 10 Masters 50-54”

Liesbeth Halbertsma - 23:25 - 52yo - Meaford Road Race - July 11, 2015
Sylvie Glennie - 25:30 - 52yo - Meaford Road Race - July 11, 2015

MEAFORD COYOTES TRACK CLUB ALL-TIME "TOP 10" PERFORMANCES

10km "Top 10 Coyotes"

Alysha Hooper - 40:02.93 - 2nd yr. university - Bucknell University - May/10
Sharon LeBlanc - 47:10 - 40-44y.o. Masters - Owen Sound Road Race - Aug 25/13
Jessica Ruest - 48:03 - Grade 7 - Owen Sound Road Race - Aug 26/12
Liesbeth Halbertsma - 49:42 - 50-55yo - Collingwood - October 3, 2015
Sylvie Glennie - 56:06 - 50-55yo Masters - Thornbury Road Race - Oct 19, 2015

MALE "TOP 10 PERFORMANCES"

200m "Top 10 Coyotes"

Peter Ruest - 32.59 - Grade 4 - Hershey Qualifier - May 2012
Justin Acres - 37.25 - Grade 3 - Area Track Meet - June 8, 2015
Charlie MacCulloch - 41.34 - Grade 1 - Mississauga Olympians - May 24, 2015
Edmund McPherson - 45.54 - Grade 1 - Bullets Indoor Games - Feb 21/15

400m "Top 10 Coyotes"

Jake Clarke - 54.56 - Gr11 - Canadian Indoor Champs - Feb 20/16
Spencer Book - 59.97 - Grade 7 - Area Track Meet - June 8, 2015
Dylan Pust - 1:00 - Grade 12 - May 2, 2015 - Club Time Trial
Sam Nusselder - 1:02 - Grade 10 - May 2, 2015 - Club Time Trial
Emrys Halbertsma - 1:05 - Grade 12 - May 2, 2015 - Club Time Trial
Peter Ruest - 1:09 - Grade 7 - May 2, 2015 - Club Time Trial
Michael Ruest - 1:10 - Grade 8 - May 2, 2015 - Club Time Trial
Riley Higgs - 1:11.14 - Grade 7 - MCS School Meet - June 2013
Luc Nusselder - 1:11 - Grade 6 - Club Time Trial - May 2013

400m "Top 10 Grade 11-12-13"

Jake Clarke - 54.56 - Gr11 - Canadian Indoor Champs - Feb 20/16
Dylan Pust - 1:00 - Grade 12 - May 2, 2015 - Club Time Trial
Emrys Halbertsma - 1:05 - Grade 12 - May 2, 2015 - Club Time Trial

400m "Top 10 Grade 9-10"

Jake Clarke - 55.54 - Grade 10 - CWOSSA - May 20, 2015
Sam Nusselder - 1:02 - Grade 10 - May 2, 2015 - Club Time Trial

400m "Top 10 Grade 7-8"

Spencer Book - 1:02 - Grade 7 - May 2, 2015 - Club Time Trial
Peter Ruest - 1:09 - Grade 7 - May 2, 2015
Michael Ruest - 1:10 - Grade 8 - May 2, 2015 - Club Time Trial
Riley Higgs - 1:11.14 - Grade 7 - MCS School Meet - June 2013
Noah Calvert-Goetz - 1:12 - Grade 8 - May 2, 2015 - Club Time Trial
Luc Nusselder - 1:13 - Grade 8 - May 2, 2015 - Club Time Trial
Will Butwell - 1:15 - Grade 7 - May 2, 2015 - Club Time Trial
Noah Allen - 1:17 - Grade 7 - May 2, 2015 - Club Time Trial
Matthew Nickels - 1:20 - Grade 7 - May 2, 2015 - Club Time Trial
Mattias Metzger - 1:21 - Grade 8 - May 2, 2015 - Club Time Trial

MEAFORD COYOTES TRACK CLUB ALL-TIME “TOP 10” PERFORMANCES

400m “Top 10 Grade 5-6”

Michael Ruest - 1:11.61 - Grade 6 - Hershey Qualifier - May 26, 2013
Peter Ruest - 1:11.79 - Grade 5 - Hershey Qualifier - May 26, 2013
Luc Nusselder - 1:11 - Grade 6 - Club Time Trial - May 2013
Noah Allen - 1:15.45 - Grade 6 - Flying Angels - July 5, 2014
Jamie MacCulloch - 1:16 - Grade 6 - Club Time Trial - May 2, 2015
Jack Drake - 1:19.27 - Grade 5 - Hershey Qualifier - May 26, 2013
Max Breadner - 1:21.03 - Grade 6 - Hershey Qualifier - May 26, 2013
Dylan Beck - 1:26.67 - Grade 6 - Hershey Qualifier - May 26, 2013
John Glennie - 1:31 - Grade 6 - Club Time Trial - May 2011
Jeffrey McPherson - 1:32 - Grade 5 - Club Time Trial - May 2, 2015

400m “Top 10 Grade 3-4”

Rohan Egan - 1:19 - Grade 4 - Area School Meet - June 8, 2015
Sebastien LeBlanc - 1:23.41 - Grade 4 - Mississauga Olympians - June 20, 2015
Jeffrey McPherson - 1:24.24 - Grade 4 - Brampton Bullets Indoor - Feb 8, 2014
Justin Acres - 1:24.91 - Grade 3 - Area Track Meet - June 8, 2015
Matthew Rocque - 1:29 - Grade 4 - Club Time Trial - May 2, 2015
Noah Ruffett - 1:33.87 - Grade 3 - Mississauga Olympians - June 20, 2015

400m “Top 10 Grade 2 and Under”

Denon Taylor - 1:17.90 - Grade 2 - MTA Provincials - July 25, 2015
Justin Acres - 1:27.67 - Grade 2 - MTA Prov - July 26, 2014
Hayden Hindle - 1:28.99 - Grade 2 - MTA Provincials - April 9, 2016
Edmund McPherson - 1:33.44 - Gr2 - MTA Prep Meet - Jan 24, 2016
Trip Morris - 1:34 - Grade 2 - Club Time Trial - May 2, 2015
Haiden Green - 1:38 - Grade 2 - Club Time Trial - May 2, 2015
Charlie MacCulloch - 1:439.06 - Mississauga Olympians - May 24, 2015
Wes Brown - 1:41 - Grade 2 - Club Time Trial - May 2, 2015
Charlie Baker - 1:44 - Grade 2 - Club Time Trial - May 2, 2015
Will Olivier - 1:45.65 - Gr1 - MTA Prep Meet - Jan 24, 2016

800m “Top 10 Coyotes”

Steven Nadjiwan - 2:04 - Grade 11 - Solo Time Trial - July 5, 2014
Jake Clarke - 2:06.25 - Grade11 - Canadian Indoor Champs - Feb 20, 2016
Jared Ruest - 2:09.85 - Grade 11 - Flying Angels Classic - Jan 14, 2014
Sam Nusselder - 2:10:28 - Grade 11 - AO Prep Meet - Feb 7, 2016
Dylan Pust - 2:12 - Grade 12 - Team Trial 4x800m 1st leg - July 4, 2015
Alex Tulloch - 2:13.14 - Grade 9 - Flying Angels - July 5, 2014
Jonah Neumann - 2:18.25 - Grade 10 - Flying Angels Classic - Jan 14, 2014
Peter Ruest - 2:21.75 - Grade 8 - MTA Provincials - April 10, 2016
Braden Torrie - 2:22.23 - Grade10 - AO Prep Meet - Feb 7, 2016
Riley Higgs - 2:24 - Grade 8 - Area School Meet - May, 2014

MEAFORD COYOTES TRACK CLUB ALL-TIME “TOP 10” PERFORMANCES

800m “Top 10 Grade 11-12-13”

Steven Nadjiwan - 2:04 - Grade 11 - Time Trial - July 5, 2014
Jake Clarke - 2:06.25 - Grade 11 - Canadian Indoor Champs - Feb 20, 2016
Jared Ruest - 2:09.85 - Grade 11 - Flying Angels Classic - Jan 14, 2014
Sam Nusselder - 2:10:28 - Grade 11 - AO Prep Meet - Feb 7, 2016
Dylan Pust - 2:12 - Grade 12 - Team Trial 4x800m 1st leg - July 4, 2015

800m “Top 10 Grade 9-10”

Jake Clarke - 2:12.52 - Grade 10 - Guelph Twilight - June 9, 2015
Sam Nusselder - 2:12 - Grade 10 - Team Trial 4x800m 1st leg - July 4, 2015
Alex Tulloch - 2:13.14 - Grade 9 - Flying Angels - July 5, 2014
Jonah Neumann - 2:18.25 - Grade 10 - Flying Angels Classic - Jan 14, 2014
Braden Torrie - 2:22.23 - Grade 10 - AO Prep Meet - Feb 7, 2016

800m “Top 10 Grade 7-8”

Jared Ruest - 2:10.11 - Grade 8 - Hershey Games - Hershey, PA - Aug 2011
Sam Nusselder - 2:18 - Grade 8 - Hershey Provincials - June 22, 2013
Peter Ruest - 2:21.75 - Grade 8 - MTA Provincials - April 10, 2016
Riley Higgs - 2:24 - Grade 8 - Area School Meet - May, 2014
Matthew Nickels - 2:30.10 - Grade 8 - MTA Provincials - April 10, 2016
Michael Ruest - 2:31.09 - Grade 8 - MTA Provincials - July 26, 2014
Spencer Book - 2:35.02 - Grade 7 - Mississauga Olympians - June 20, 2015
Zack Wren - 2:35.43 - Grade 8 - Mississauga Olympians - June 20, 2015
Luc Nusselder - 2:42.25 - Grade 7 - Flying Angels Classic - Jan 14, 2014
Noah Allen - 2:44.32 - Grade 7 - Mississauga Olympians - June 20, 2015

800m “Top 10 Grade 5-6”

Peter Ruest - 2:31.39 - Grade 6 - MTA Provincials - July 26, 2014
Michael Ruest - 2:32.69 - Grade 6 - Hershey Provincials - June 22, 2013
Jamie MacCulloch - 2:41.06 - Grade 6 - MTA Provincials - July 25, 2015
Devlin Gillis - 2:41.57 - Grade 5 - MTA Provincials - April 10, 2016
Matthew Nickels - 2:45.85 - Grade 6 - MTA Provincials - July 26, 2014
Luc Nusselder - 2:49 - Grade 6 - Club Time Trial - April 2013
Jack Drake - 2:51 - Grade 5 - BVCC School Meet - June 10, 2013
Jeffrey McPherson - 2:55.35 - Grade 5 - MTA Provincials - Mar 22, 2015
Noah Allen - 2:56 - Grade 6 - Flying Angels - July 5, 2014
Max Breadner - 2:59.89 - Grade 6 - Hershey Qualifier - May 26, 2013

800m “Top 10 Grade 3-4”

Devlin Gillis - 2:50.96 - Grade 4 - MTA Provincials - July 25, 2015
Max Nilsson - 2:58.95 - Grade 4 - Mississauga Olympians - June 20, 2015
Rohan Egan - 3:00.62 - Grade 4 - MTA Provincials - July 25, 2015
Sebastien LeBlanc - 3:02.41 - Grade 4 - MTA Provincials - July 25, 2015
Jeffrey McPherson - 3:05.43 - Grade 4 - Flying Angels - July 5, 2014
Dominic Manwell - 3:14.05 - Grade 4 - MTA Prep Meet - Jan 24, 2016
Cole Gillis - 3:17.18 - Grade 3 - MTA Prep Meet - Feb 27/16

MEAFORD COYOTES TRACK CLUB ALL-TIME "TOP 10" PERFORMANCES

Matthew Rocque - 3:17 - Grade 4 - Club Time Trial - May 2, 2015
Noah Ruffett - 3:29.58 - Grade 3 - Mississauga Olympians - June 20, 2015
Justin Acres - 3:34 - Grade 3 - Club Time Trial - May 2, 2015

800m "Top 10 Grade 2 and Under"

Denon Taylor - 3:09.73 - Grade 2 - MTA Provincials - July 25, 2015
Justin Acres - 3:18.42 - Grade 2 - Flying Angels - July 5, 2014
Trip Morris - 3:24.57 - Grade 2 - Mississauga Olympians - June 20, 2015
Edmund McPherson - 3:32.58 - Gr 2 - MTA Provincials - April 9, 2016
Hayden Hindle - 3:35.27 - Gr2 - MTA Prep Meet - Jan 24/16
Charlie MacCulloch - 3:35 - Grade 1 - Club Time Trial - May 2, 2015
Haiden Green - 3:39 - Grade 2 - Club Time Trial - May 2, 2015
Wes Brown - 3:39 - Grade 2 - Club Time Trial - May 2, 2015
Will Olivier - 3:40.66 - Gr1 - Club Time Trial - Jan 24, 2016
Ian Drake - 3:50 - Grade 2 - Club Time Trial - May 2013

1000m "Top 10 Coyotes"

Jared Ruest - 2:37.85 - 1st year - Ottawa U. - Ottawa Dome Meet - Dec 19, 2015
Steven Nadjiwan - 2:49.97 - Grade 10 - Variety Village - Jan 13, 2013
Michael Ruest - 3:22.57 - Grade 6 - Variety Village - Jan 13, 2013
Peter Ruest - 3:34.35 - Grade 5 - Variety Village - Jan 13, 2013
Riley Higgs - 4:14 - Grade 6 - Club Time Trial - May 2012
Noah Allen - 4:21 - Grade 5 - Club Time Trial - April 2013
Trip Morris - 4:46 - Grade 2 - Coyote XC Race - Oct 4, 2015
Jeffrey McPherson - 4:50 - Grade 3 - Club Time Trial - Apr 2013
Eric Smith - 5:12 - Grade 6 - Club Time Trial - April 2013
Wes Brown - 5:14 - Grade 2 - Coyote XC Race - Oct 4, 2015

1000m "Top 10 Grade 11,12, 13"

1000m "Top 10 Grade 9-10"

Jared Ruest - 2:43.28 - Grade 10 - Variety Village - Jan 13, 2013
Steven Nadjiwan - 2:49.97 - Grade 10 - Variety Village - Jan 13, 2013

1000m "Top 10 Grade 7-8"

1000m "Top 10 Grade 5-6"

Michael Ruest - 3:22.57 - Grade 6 - Variety Village - Jan 13, 2013
Peter Ruest - 3:34.35 - Grade 5 - Variety Village - Jan 13, 2013
Riley Higgs - 4:14 - Grade 6 - Club Time Trial - May 2012
Noah Allen - 4:21 - Grade 5 - Club Time Trial - April 2013
Eric Smith - 5:12 - Grade 6 - Club Time Trial - April 2013
Noah Calvert-Goetz - 5:33 - Grade 6 - Club Time Trial - May 2013

MEAFORD COYOTES TRACK CLUB ALL-TIME “TOP 10” PERFORMANCES

1000m “Top 10 Grade 3-4”

Jeffrey McPherson - 4:50 - Grade 3 - Club Time Trial - Apr 2013

1000m “Top 10 Grade 2 and Under”

Trip Morris - 4:46 - Grade 2 - Coyote XC Race - Oct 4, 2015

Wes Brown - 5:14 - Grade 2 - Coyote XC Race - Oct 4, 2015

Edmund McPherson - 5:27 - Grade 1 - Coyote XC Race - Oct 4, 2015

1200m “Top 10 Coyotes”

Sam Nusselder - 3:26.48 - Grade 9 - AO Champs - Mar 1-2, 2014

Jared Ruest - 3:35.65 - Grade 9 - RCL Champs - Jan 13, 2012

Alex Tulloch - 3:41.93 - Grade 9 - AO Champs - Mar 1-2, 2014

Jake Clarke - 3:49.40 - Grade 9 - AO Champs - Mar 1-2, 2014

Luc Nussleder - 3:50.73 - Gr9 - AO Prep Meet - Feb 7, 2016

Michael Ruest - 3:51.31 - Gr9 - AO Prep Meet - Feb 7, 2016

Matthew Nickels -3:54.95 - Gr8 - AO Provincials - Mar 5, 2016

Peter Ruest - 3:53.85 - Gr8 - AO Provincials - Mar 5, 2016

Devlin Gillis - 4:30.86 - Grade 4 - MTA Provincials - Mar 21/15

Max Nilsson - 4:38.10 - Grade 4 - Mississauga Olympians - June 20, 2015

1200m “Top 10 Grade 11,12, 13”

1200m “Top 10 Grade 9-10”

Sam Nusselder - 3:26.48 - Grade 9 - AO Champs - Mar 1-2, 2014

Jared Ruest - 3:35.65 - Grade 9 - RCL Champs - Jan 13, 2012

Alex Tulloch - 3:41.93 - Grade 9 - AO Champs - Mar 1-2/14

Jake Clarke - 3:49.40 - Grade 9 - AO Champs - Mar 1-2/14

Luc Nussleder - 3:50.73 - Gr9 - AO Prep Meet - Feb 7/16

Michael Ruest - 3:51.31 - Gr9 - AO Provincials - Mar 6/16

1200m “Top 10 Grade 7-8”

Peter Ruest - 3:53.85 - Gr8 - AO Provincials - Mar 5/16

Matthew Nickels -3:54.95 - Gr8 - AP Provincials - Mar 5/16

Michael Ruest - 3:55.75 - Grade 8 - AO Champs - Mar 7/15

Luc Nussleder - 4:05.02 - Grade 7 - AO Champs - Mar 1-2/14

1200m “Top 10 Grade 5-6”

Peter Ruest - 4:10.66 - Grade 6 - AO Champs - Mar 1-2/14

John Glennie - 5:29.07 - Grade 6 - Variety Village - Jan 8/11

1200m “Top 10 Grade 3-4”

Devlin Gillis - 4:22.90 - Grade 4 - MTA Provincials - July 25, 2015

Michael Ruest - 4:23.91 - Grade 4 - Variety Village - Jan 8/11

Peter Ruest - 4:36.01 - Grade 3 - Variety Village - Jan 8/11

Max Nilsson - 4:38.10 - Grade 4 - Mississauga Olympians - June 20, 2015

Rohan Egan - 4:42.80 - Grade 4 - MTA Provincials - July 25, 2015

Sebastian LeBlanc - 4:39.70 - Grade 4 - MTA Provincials - July 25, 2015

MEAFORD COYOTES TRACK CLUB ALL-TIME "TOP 10" PERFORMANCES

Ethan MacDonald - 4:43.65 - Grade 3 - Variety Village - Jan 8/11
Max Breadner - 4:54.38 - Grade 4 - Variety Village - Jan 8/11
Dominic Manwell - 5:11.34 - Gr4 - MTA Prep Meet - Jan 24/16
Noah Ruffett - 5:24.60 - Gr4 - MTA Prep Meet - Jan 24/16

1200m "Top 10 Grade 2 and Under"

Devon Taylor - 4:41.57 - Grade 2 - Mississauga Olympians - June 20, 2015

1500m "Top 10 Coyotes"

Steven Nadjiwan - 4:09.69 - Grade 11 - CWOSSA - May 22, 2014
Jared Ruest - 4:11.86 - Grade 11 - CWOSSA - May 22, 2014
Sam Nusselder - 4:13.78 - Grade 10 - AO Champs - June 13, 2015
Dylan Pust - 4:26.54 - Grade 12 - AO Prep Meet - Feb 7, 2015
Alex Tulloch - 4:28.76 - Grade 10 - OFSAA Regionals - May 29, 2015
Jonah Neumann - 4:33.43 - Grade 10 CWOSSA - May 21, 2014
Jake Clarke - 4:38.84 - Grade 10 - AO Provincials - Mar 7, 2015
Kevin Hooper - 4:48.62 - 45-49y.o. Masters - Bucknell U. Solo Time trial - Jan 2011
Peter Ruest - 4:52.16 - Grade 8 - MTA Provincials - April 9, 2016
Riley Higgs - 4:55.69 - Grade 8 - MTA Provincials - July 26, 2014

1500m "Top 10 Grade 11,12, 13"

Steven Nadjiwan - 4:09.69 - Grade 11 - CWOSSA - May 21, 2014
Jared Ruest - 4:11.86 - Grade 11 - CWOSSA - May 21, 2014
Dylan Pust - 4:26.54 - Grade 12 - AO Prep Meet - Feb 7, 2015
Jack Nadjiwan - 5:06 - Grade 12 - Team Time Trial - July 28, 2014

1500m "Top 10 Grade 9-10"

Jared Ruest - 4:13.09 - Grade 10 - AO Champs - Mar 2-3, 2013
Sam Nusselder - 4:13.78 - Grade 10 - AO Champs - June 13, 2015
Steven Nadjiwan - 4:17.64 - Grade 10 - CWOSSA - May 23, 2013
Alex Tulloch - 4:28.76 - Grade 10 - OFSAA Regionals - May 29, 2015
Jonah Neumann - 4:33.43 - Grade 10 CWOSSA - May 21, 2014
Jake Clarke - 4:38.84 - Grade 10 - AO Provincials - Mar 7, 2015

1500m "Top 10 Grade 7-8"

Sam Nusselder - 4:37.37 - Grade 8 - June 3 , 2013
Peter Ruest - 4:52.16 - Grade 8 - MTA Provincials - April 9, 2016
Riley Higgs - 4:55.69 - Grade 8 - MTA Provincials - July 26, 2014
Matthew Nickels - 4:58.60 - Grade 8 - MTA Provincials - April 9, 2016
Michael Ruest - 5:00 - Grade 7 - Team Time Trial - June 28, 2014
Luc Nusselder - 5:10.90 - Grade 7 - MTA Provincials - Mar 30, 2014
Jacob French - 5:22.03 - Grade 7 - London Indoor Games - Jan 11, 2015
Wil Butwell - 5:26.93 - Grade 7 - Mississauga Olympians - May 24, 2015
Noah Allen - 5:27.40 - Grade 7 - Mississauga Olympians - June 20, 2015
Spencer Book - 5:28 - Grade 7 - Club Time Trial - May 2, 2015

MEAFORD COYOTES TRACK CLUB ALL-TIME “TOP 10” PERFORMANCES

1500m “Top 10 Grade 5-6”

Tayden Hannivan - 4:59.00 - Grade 6 - MTA Provincials - July 25, 2015
Peter Ruest - 5:13.55 - Grade 6 - MTA Provincials - July 26, 2014
Jamie MacCulloch - 5:21.19 - Grade 6 - Mississauga Olympians - May 24, 2015
Devlin Gillis - 5:28.02 - Grade 5 - MTA Provincials - April 9, 2016
Matthew Nickels - 5:41.42 - Grade 6 - MTA Provincials - Mar 30, 2014
Jeffrey McPherson - 5:45.38 - Grade 5 - Bullets Indoor Games - Feb 21, 2015
Jacob French - 5:46 - Grade 6 - Team Time Trial - July 28, 2014
Max Nilsson - 5:55.01 - Gr5 - MTA Prep Meet - Jan 24, 2016
Sebastien LeBlanc - 5:57.41 - MTA Prep Meet - Feb 27, 2016
Spencer Book - 6:11 - Grade 6 - Team Time Trial - June 28, 2014

1500m “Top 10 Grade 3-4”

Jeffrey McPherson - 6:04.66 - Grade 4 - MTA Provincials - Mar 30, 2014
Devlin Gillis - 6:06.17 - Grade 3 - Flying Angels - July 5, 2014
Rohan Egan - 6:09 - Grade 4 - Club Time Trial - May 2, 2015
Cole Gillis - 6:34.46 - Gr3 - MTA Prep Meet Feb 27, 2016

1500m “Top 10 Grade 2 and Under”

Trip Morris - 7:03 - Grade 1 - Team Time Trial - June 28/14
Justin Acres - 7:36 - Grade 2 - Team Time Trial - June 28, 2014

1500m “Top Masters 45-49”

Kevin Hooper - 4:48.62 - 47y.o. - Bucknell U. - Solo Time Trial - Jan 2011

1500m “Top Masters 50-55”

Kevin Hooper - 4:57 - 50y.o. - York University - Solo Time Trial - Jan 2014

1600m “Top 10 Coyotes”

Sam Nusselder - 4:52.29 - Grade 8 - Hershey Provincials - June 22, 2013
Michael Ruest - 5:27 - Grade 7 - Hershey Qualifier - May 30, 2014
James Beck - 6:19.97 - Grade 8 - Hershey Qualifier - May 26, 2013

1-Mile “Top 10 Coyotes”

Jared Ruest - 4:40.66 - 1st yr. - St. Lawrence U. Invitational - Jan 16, 2016

2000m “Top 10 Coyotes”

Peter Ruest - 6:46.25 - Gr8 - AO Provincials - Mar 6/16
Luc Nusselder - 6:47.29 - Gr9 - AO Provincials - Mar 6/16
Michael Ruest - 6:54.35 - Gr9 - AO Provincials - Mar 5/16
Matthew Nickels - 6:58.58 - Gr7 - AO Provincials - Mar 6/16 -
Jacob French - 7:10 - Grade 7 - AO XC Champs - Nov 16, 2014
Jamie MacCulloch - 8:45 - Grade 6 - Coyote XC Race - Oct 4, 2015
Devlin Gillis - 9:09 - Grade 4 - Coyote XC Race - Oct 4, 2015
Jeffrey McPherson - 9:19 - Grade 5 - Coyote XC Race - Oct 4, 2015

MEAFORD COYOTES TRACK CLUB ALL-TIME “TOP 10” PERFORMANCES

Owen Tichbourne - 9:38 - Grade 5 - Coyote XC Race - Oct 2011

Noah Allen - 9:39 - Grade 4 - Coyote XC Race - Sept 2011

2000m “Top 10 Grade 11,12,13

2000m “Top 10 Grade 9-10

Luc Nusselder - 6:47.29 - Gr9 - AO Provincials - Mar 6/16

Michael Ruest - 6:54.35 - Gr9 - AO Provincials - Mar 5/16

2000m “Top 10 Grade 7-8”

Peter Ruest - 6:46.25 - Gr8 - AO Provincials - Mar 6/16

Michael Ruest - 6:52 - Grade 8 - AO XC Champs - Nov 16, 2014

Matthew Nickels - 6:58.58 - Gr7 - AO Provincials - Mar 6/16

Luc Nusselder - 7:01 - Grade 8 - AO XC Champs - Nov 16, 2014

Jacob French - 7:10 - Grade 7 - AO XC Champs - Nov 16, 2014

John Glennie - 10:11 - Grade 7 - Coyote XC Race - Sept 2011

2000m “Top 10 Grade 5-6”

Michael Ruest - 7:12.34 - Grade 6 - AO Prov - Mar 2-3, 2013

Peter Ruest - 7:27.54 - Grade 5 - AO Prov - Mar 2-3, 2013

Jamie MacCulloch - 8:45 - Grade 6 - Coyote XC Race - Oct 4, 2015

Jeffrey McPherson - 9:19 - Grade 5 - Coyote XC Race - Oct 4, 2015

Owen Tichbourne - 9:38 - Grade 5 - Coyote XC Race - Oct 2011

Spencer Book - 10:45 - Grade 5 - Coyote XC Race - Sept 2012

Braydon Book - 11:23 - Grade 6 - Coyote XC Race - Oct 4, 2015

2000m “Top 10 Grade 3-4

Devlin Gillis - 9:09 - Grade 4 - Coyote XC Race - Oct 4, 2015

Noah Allen - 9:39 - Grade 4 - Coyote XC Race - Sept 2011

Brayden Book - 9:52 - Grade 4 - Coyote XC Race - Sept 2011

Matthew Rocque - 9:53 - Grade 4 - Coyote XC Race - Oct 4, 2015

Rohan Egan - 10:24 - Grade 4 - Coyote XC Race - Oct 4, 2015

Noah Ruffett - 10:55 - Grade 3 - Coyote XC Race - Oct 4, 2015

Justin Acres - 11:03 - Grade 3 - Coyote XC Race - Oct 4, 2015

2000m “Top 10 Grade 1-2”

2000m Steeple Chase “Top 10 Coyotes”

Dylan Pust - 6:37.38 - Grade 12 - OFSAA Regionals - May 29, 2015

3000m “Top 10 Coyotes”

Jared Ruest - 8:47.80 - Grade 10 - OFSAA Track - Jr. - June 8, 2013

Steve Nadjiwan - 9:02.81 - Grade 11 - OFSAA Regionals - May 31, 2014

MEAFORD COYOTES TRACK CLUB ALL-TIME “TOP 10” PERFORMANCES

Sam Nusselder - 9:16.34 - Gr11 - Canadian Indoor Champs - Feb 19/16
Dylan Pust - 9:20.02 - Gr13 - AO Prep Meet - Jan 24/16
Alex Tulloch - 9:44.51 - Grade 9 - OFSAA Regionals - May 31, 2014
Jonah Neumann - 9:57.72 - Grade 10 - AO Champs - Mar 1-2/14
Kevin Hooper - 10:14.63 - 47y.o. Masters. - Variety Village - Toronto - Jan 2010
Jake Clarke - 10:27.87 - Grade 10 - AO Provincials - Mar 8/15
Braden Torrie - 10:39.30 - Gr10 - AO Prep Meet - Feb 7/16
Peter Ruest - 11:44.80 - Grade 7 - London Indoor Games - Jan 11/15

3000m “Top 10 Grade 11, 12, 13”

Steven Nadjiwan - 9:07.42 - Grade 11 - Canadian Indoors - Mar 15/14
Sam Nusselder - 9:16.34 - Gr11 - Canadian Indoors - Feb 19/16
Jared Ruest - 9:17.48 - Grade 11 - Canadian Indoors - Mar 15/14
Dylan Pust - 9:20.02 - Gr13 - AO Prep Meet - Jan 24/16

3000m “Top 10 Grade 9-10”

Jared Ruest - 8:47.80 - Grade 10 - OFSAA Track - Jr. - June 8, 2013
Steve Nadjiwan - 9:02.81 - Grade 11 - OFSAA Regionals - May 31, 2014
Sam Nusselder - 9:16.79 - Grade 10 - AO Provincials - Mar 8/15
Alex Tulloch - 9:44.51 - Grade 9 - OFSAA Regionals - May 31, 2014
Jonah Neumann - 9:57.72 - Grade 10 - AO Champs - Mar 1-2/14
Jake Clarke - 10:27.87 - Grade 10 - AO Provincials - Mar 8/15
Braden Torrie - 10:39.30 - Gr10 - AO Prep Meet - Feb 7/16

3000m “Top 10 Grade 7-8”

Peter Ruest - 11:44.80 - Grade 7 - London Indoor Games - Jan 11/15
Luc Nusselder - 11:50.15 - Grade 8 - London Indoor Games - Jan 11/15
Matthew Nickels - 11:57 - Grade 7 - London Indoor Games - Jan 11/15

3000m “Top 10 Grade 3-4”

Devlin Gillis - 14:33.99 - Grade 4 - London Indoor Games - Jan 11/15

3000m “Top 10 Masters 45-49”

Kevin Hooper - 10:14.63 - 47y.o. Masters. - Variety Village - Toronto - Jan 2011

5000m “Top 10 Coyotes”

Jared Ruest - 15:49 - Grade 10 - Meaford Road Race - July 13, 2013
Dylan Pust - 15:50.58 - Grade 12 - AO Champs - June 12, 2015
Steven Nadjiwan - 16:00 - Grade 11 - Meaford Road Race - July 12, 2014
Sam Nusselder - 16:31 - Grade 10 - Meaford Road Race - July 11, 2015
Kevin Hooper - 17:44 - 48y.o. Masters - Meaford Road Race - July 2011
Jake Clarke - 17:51 - Grade 10 - Caledon East Road Race - Sept 28, 2014
Jonah Neumann - 17:53 - Grade 10 - Meaford Road Race - July 12, 2014
Luc Nusselder - 18:05 - Grade 8 - Caledon East Road Race - Sept 28, 2014

MEAFORD COYOTES TRACK CLUB ALL-TIME “TOP 10” PERFORMANCES

Alex Tulloch - 18:25 - Grade 9 - Meaford Road Race - July 12, 2014
Michael Ruest - 18:55 - Grade 6 - Meaford Road Race - July 13, 2013

5000m “Top 10 University”

5000m “Top 10 Grade 11-12-13”

Dan Pust - 15:50.58 - Grade 12 - AO Provincial Champs - June 12, 2015
Steve Nadjiwan - 16:00 - Grade 11 - Meaford Road Race - July 12, 2014
Jared Ruest - 16:24 - Grade 11 - Meaford Road Race - July 12, 2014
Emrys Halbertsma - 19:01 - Grade 12 - Meaford Road Race - July 11, 2015
Will Latham - 20:53 - Grade 11 - Owen Sound Bayshore Race - Aug 23, 2015
Jack Nadjiwan - 21:14 - Grade 12 - Meaford Road Race - July 12, 2014
Josh Carroll - 25:48 - Grade 12 - Meaford Road Race - July 13, 2013

5000m “Top 10 Grade 9-10”

Jared Ruest - 15:49 - Grade 10 - Meaford Road Race - July 13, 2013
Steven Nadjiwan - 16:12 - Grade 10 - Meaford Road Race - July 13, 2013
Sam Nusselder - 16:31 - Grade 10 - Meaford Road Race - July 11, 2015
Jake Clarke - 17:51 - Grade 10 - Caledon East Road Race - Sept 28, 2014
Jonah Neumann - 17:53 - Grade 10 - Meaford Road Race - July 12, 2014
Alex Tulloch - 18:12 - Grade 10 - Meaford Road Race - July 11, 2015
Riley Higgs - 19:01 - Grade 9 - Caledon East Road Race - Sept 28, 2014

5000m “Top 10 Grade 7-8”

Sam Nusselder - 17:01 - Grade 8 - Meaford Road Race - July 13, 2013
Luc Nusselder - 18:05 - Grade 8 - Caledon East Road Race - Sept 28, 2014
Jake Clarke - 18:51 - Grade 8 - Owen Sound Road Race - Aug 25, 2013
Michael Ruest - 18:58 - Grade 7 - Meaford Road Race - July 12, 2014
Luc Nusselder - 19:23 - Grade 7 - Meaford Road Race - July 12, 2014
Riley Higgs - 19:46 - Grade 8 - Meaford Road Race - July 12, 2014
Will Butwell - 20:29 - Grade 7 - Meaford Road Race - July 11, 2015
Noah Allen - 21:28 - Grade 7 - Meaford Road Race - July 11, 2015
Matthew Nickels - 21:39 - Grade 7 - Thornbury Blue Mtn 5km Road Race - Oct 19, 2014
Owen Tichbourne - 21:48 - Grade 8 - Meaford Road Race - July 11, 2015

5000m “Top 10 Grade 5-6”

Michael Ruest - 18:55 - Grade 6 - Meaford Road Race - July 13, 2013
Luc Nusselder - 19:00 - Grade 6 - Owen Sound Road Race - Aug 25, 2013
Peter Ruest - 19:13 - Grade 6 - Meaford Road Race - July 12, 2014
Jamie MacCulloch - 20:00 - Grade 6 - Meaford Road Race - July 11, 2015
Matthew Nickels - 20:45 - Grade 6 - Meaford Road Race - July 12, 2014
Spencer Book - 23:20 - Grade 6 - Meaford Road Race - July 12, 2014
Mathias Metzger - 23:21 - Grade 6 - Meaford Road Race - July 13, 2013

MEAFORD COYOTES TRACK CLUB ALL-TIME "TOP 10" PERFORMANCES

Noah Allen - 24:01 - Grade 6 - Meaford Road Race - July 12, 2014
Owen Tichbourne - 24:31 - Grade 6 - Meaford Road Race - July 13, 2013
Dylan Beck - 25:16 - Grade 6 - Meaford Road Race - July 13, 2013
Brayden Book - 29:20 - Grade 5 - Meaford Road Race - July 12, 2014

5000m "Top 10 Grade 3-4"

Max Breadner - 21:35 - Grade 4 - Meaford Road Race - July 2011
Devlin Gillis - 22:14 - Grade 4 - Meaford Road Race - July 11, 2015
Max Nilsson - 22:18 - Grade 4 - Meaford Road Race - July 11, 2015
Rohan Egan - 23:03 - Grade 4 - Meaford Road Race - July 11, 2015
Sebastian LeBlanc - 23:06 - Grade 4 - Meaford Road Race - July 11, 2015
Jamie MacCulloch - 23:48 - Grade 4 - Meaford Road Race - July 13, 2013
Matthew Rocque - 24:11 - Grade 4 - Meaford Road Race - July 11, 2015
Jeffrey McPherson - 24:12 - Grade 4 - Meaford Road Race - July 12, 2014
Justin Acres - 26:11 - Grade 3 - Meaford Road Race - July 11, 2015
Noah Allen - 28:51 - Grade 3 - Meaford Road Race - July 2011

5000m "Top 10 Grade 2 and Under"

Denon Taylor - 26:04 - Grade 2 - Meaford Road Race - July 11, 2015
Haiden Green - 28:24 - Grade 2 - Meaford Road Race - July 11, 2015
Edmund McPherson - 28:41 - Grade 1 - Meaford Road Race - July 11, 2015
Wes Brown - 33:10 - Grade 2 - Owen Sound Bayshore Race - Aug 23, 2015
Justin Acres - 39:59 - Grade 2 - July 12, 2014

5000m "Top 10 Masters 45-49"

Kevin Hooper - 17:44* - 48y.o. Masters - Meaford Road Race - July 2011

5000m "Top 10 Masters 50-54"

Kevin Hooper - 18:04 - 50-54y.o. Masters - Meaford Road Race - July 13, 2013

10km "Top 10 Coyotes"

Jared Ruest - 34:07 - Grade 10 - Owen Sound Road Race - Aug 25, 2013
Steven Nadjiwan - 36:30 - Grade 11 - Caledon Road Race - Sept 29, 2013
Kevin Hooper - 38:15 - Masters 50-54y.o. - Caledon Road Race - Sept 29, 2013
Matthew Nickels - 44:21 - Grade 7 - Caledon Road Race - Sept 29, 2013
Peter Ruest - 46:31 - Grade 4 - Owen Sound Road Race - Aug 26, 2012
Jeffrey McPherson - 54:26 - Grade 5 - Caledon Road Race - Sept 29, 2013

4x800m Relay "Top-20 Coyote Teams"

9:43.5 - Sam Nusselder [99], Riley Higgs [00], Jake Clarke [99], Alex Tulloch [99] Team Trial - July 4, 2015
10:17.5 - Dylan Pust[97], Wil Latham[98], Jessie Nusselder[97], Emrys Halberstma[98] Team Trial - July 4, 2015
10:27.93 - Noah Allen [02], Matt Nickels [02], Zack Wren [01], Spencer Book [02] Mississauga Olympians - June 20, 2015
11:04.2 - Michael Ruest[01], Noah Calvert-Goetz[01], Spencer Book[02], Peter Ruest[02] Team Trial - July 4, 2015

MEAFORD COYOTES TRACK CLUB ALL-TIME "TOP 10" PERFORMANCES

11:22.21 -Olivia Karn [03], Zoey Killeen [04], Georgie Reidl [01], Matalyn Lee [02]
Mississauga Olympians - June 20, 2015

11:40.4 -Tayah Davies[04], Teagan Davies[02], Luc Nusselder[01],Matalyn Lee [02]
Team Trial - July 4, 2015

12:26.64 -Payton Dodd[05],McKenna Karn[05],Sydney Martin[05],Kara Tichnourne[05] -
Mississauga Olympians - June 20, 2015

12:56- Noah Ruffet[06], Max Nilsson[05], Sebastian LeBlanc[05], Rohan Egan[05]
Mississauga Olympians - June 20, 2015

13:04.1 -Ava Fischer[06],McKenna Karn[05],Payton Dodd[05], Kara Tichbourne[05]
Team Trial - July 4, 2015

13:06-Sharon LeBlanc[70],Liesbeth Halbertsma[63],Kathy Higgs[68],Kevin Hooper[63]
Team Trial - July 4, 2015

13:31.8 - Zoey Killeen [04], Julia Tichbourne[03], Dana Tulloch[04],Olivia Karn[03] Team
Trial - July 4, 2015

13:45.2 -Sebastian LeBlanc[05],Wes Brown[07], Noah Ruffett[06], Justin Acres[06]
Team Trial - July 4, 2015

14:14.2-Evie Allen[06],Braydon Book[03],Jeffrey McPherson[04],Jamie MacCulloch[03]
Team Trial - July 4, 2015

14:49 Cameron Tulloch[08],Edmund McPherson[08],Charlie MacCulloch[08],Haiden
Green[07] Team Trial - July 4, 2015

15:52.4 - Taryn Lee[07], Natalie Book[08], Hannah Davies [08], Olivia Latham [07]Team
Trial - July 4, 2015