

400m "Top 10 Coyotes"	
1	Bryce West - 59:39 - Grade 12 - OFSAA West Regionals - May 27, 2014
2	Madison Calder - 1:00.45 - Grade 9 - OFSAA - June 6, 2019
3	Olivia Karn - 1:02.11 - Grade 9 - OFSAA Central - May 30, 2018 ^[1] _[SEP]
4	Jenelle Lyman - 1:02.80 - Grade 9 - OFSAA West Regionals - May 26, 2017
5	Karly Thacker - 1:07 - Grade 8 - Area Track Meet - June 18, 2013
6	Payton Dodd - 1:07.6 - Grade 6 - Club Time Trial - June 3, 2017 ^[1] _[SEP]
7	Julia Latham - 1:07.6 - Grade 10 - Club Time Trial - July 2, 2016
8	Kara Tichbourne - 1:09.5 - grade 6 - Club Time Trial - May 13, 2017
9	Zoe Sponagle - 1:09.61 - Grade 7 - Mississauga Olympians - May 24, 2015
10	Isabel Spence - 1:09.8 - Grade 8 - GBCS Track Meet - May 17, 2023

400m Top Grade 11-12-13	
1	Bryce West - 59:39 - Grade 12 - Regionals - May 27, 2014
2	Jessie Nusselder - 1:09 - Grade 12 - Club Time Trial - May 2, 2015
3	Julia Latham - 1:10.1 - Grade 11 - Club Time Trial - June 3, 2017

400m Top Grade 9-10	
1	Madison Calder - 1:00.45 - Grade 9 - OFSAA - June 6, 2019
2	Olivia Karn - 1:02.11 - Grade 9 - OFSAA Central - May 30, 2018 ^[1] _[SEP]
3	Jenelle Lyman - 1:02.80 - Grade 9 - OFSAA West Regionals - May 26, 2017
4	Hailey Abbott - 1:06.27 - Grade 10 - AO Prep Meet - Jan 25, 2020
5	Julia Latham - 1:07.6 - Grade 10 - Club Time Trial - July 2, 2016
6	Kara Tichbourne - 1:09.60 - Grade 10 - Club Time Trial - July 17, 2021
7	Leah Ray - 1:12.7 - Grade 9 - Club time Trial - July 6, 2019

400m Top Grade 7-8	
1	Madison Calder - 1:04.6 - Grade 6 - Club Time Trial - May 13, 2017
2	Olivia Karn - 1:05.46 - Grade 7 - Club Time Trial - June 4, 2016
3	Karly Thacker - 1:07 - Grade 8 - Area Meet - June 18, 2013 ^[1] _[SEP]
4	Zoe Sponagle - 1:09.61 - Grade 7 - Mississauga Olympians - May 24, 2015
5	Isabel Spence - 1:09.8 - Grade 8 - GBCS Track Meet - May 17, 2023
6	Georgie Reidl - 1:09.89 - Gr 8 - Mississauga Olympians - June 20, 2015
7	Sophie Bierer - 1:10.15 - Grade 7 - Flying Angels - July 5, 2014 ^[1] _[SEP]
8	Skye Kavcic - 1:10.4 - Grade 7 - Club Time Trial - June 4, 2016
9	Kate Earle - 1:10.7 - Grade 7 - GBCS Track Meet - May 17, 2023
10	Jessica Ruest - 1:11.57 - Grade 8 - MCS School Meet - June 2013 ^[1] _[SEP]

400m Top Grade 5-6	
1	Madison Calder 1:06.88 Grade 6 - Club time Trial - June 4, 2016
2	Payton Dodd - 1:07.6 - Grade 6 - Club Time Trial - June 3, 2017 ^[1] _[SEP]
3	Kara Tichbourne - 1:09.5 - Grade 6 - Club Time Trial - May 13, 2017
4	Olivia Karn - 1:09.70 - Grade 6 - Area School Meet - June 10, 2015
5	Chloe Burgess - 1:12.4 - Grade 6 - GBCS Track Meet - May 17, 2023
6	Ella Kulakowsky - 1:12.62 - Grade 6 - MTA Provincials - Jul 29, 2023
7	Hailey Abbott - 1:14 - Grade 6 - Area School Meet May 26, 2016

8	Taryn Lee - 1:15.2 - Grade 6 - Club Time Trial - May 10, 2019
9	Olivia Latham - 1:15.5 - Grade 5 - Club Time Trial - July 6, 2019
10	Zoey Killeen - 1:15.50 - Grade 5 - Area School Meet - June 8, 2015

400m Top Grade 3-4	
1	Payton Dodd - 1:10.20 - Grade 4 - MTA Provincials - July 25, 2015
2	Taryn Lee - 1:15.90 - Grade 4 - Bullets Indoor Games - Jan 22, 2017
3	Olivia Latham - 1:17.6 - Grade 3 - Club Time Trial - June 3, 2017
4	Kara Tichbourne - 1:18 - Grade 4 - Club Time Trial - May 2, 2015 ^[SEP]
5	Ella Kulakowsky - 1:19.65 - Grade 4 - MTA Provincials - Sept 4, 2021
6	Sydney Snelling - 1:19.97 - Club Time Trial - July 6, 2019
7	McKenna Karn - 1:20 - Grade 4 - Area School Meet - June 10, 2015
8	Megan Cowan - 1:21.0 - Grade 4 - Club Time Trial - May 13, 2017
9	Ava Olivier - 1:21.6 - Grade 4 - Club Time Trial - June 3, 2017
10	Teagan Davies - 1:22.14 - Grade 4 - Flying Angels Classic - Jan 14, 2014

400m Top Grade 2 and Under	
1	Freja Kulakowsky - 1:21.69 - Grade 2 - Gord Rusby Memorial - May 19, 2018
2	Olivia Latham - 1:23.92 - Grade 2 - MTA Provincials - April 9, 2016
3	Ella Kulakowsky - 1:24.07 - Grade 2 - MTA Provincials - July 27, 2019
4	Micah Abbott - 1:24.20 - Grade 2 - Gord Rusby Memorial - May 19, 2018
5	Taryn Lee - 1:25.40 - Grade 2 - MTA Provincials - July 25, 2015 ^[SEP]
6	Charlotte Woodhouse - 1:26.96 - Grade 2 - MTA Provincials - Mar 21, 2015
7	Ava Olivier - 1:30.50 - Grade 2 - MTA Provincials - July 25, 2015 ^[SEP]
8	Lilly St. Marie - 1:30.90 - Grade 2 - MTA Provincials - July 26, 2014
9	Madeline Armstrong - 1:31.49 - Grade 2 - Brampton Meet - Jun 24, 2023
10	Alexandra Weir - 1:32.23 - Grade 2 - Club Time Trial - Jul 4, 2023

400m Top Masters	
1	Kathy Higgs - 1:25 - 40-44y.o. Masters - Club Time Trial - May 2011
2	Sharon LeBlanc - 1:30 - 40-44y.o. Masters - Club Time Trial - May 2013
3	Sylvie Hand - 1:37 - 50-54y.o. Masters - Club Time Trial - May 2013