

<b>3000m "Top 10 Coyotes"</b>	
1	Jared Ruest - 8:47.80 - Grade 10 - OFSAA Track - June 8, 2013 <sup>[17]</sup> <sub>[SEP]</sub>
2	Steve Nadjiwan - 9:02.81 - Grade 11 - OFSAA Regionals - May 31, 2014 <sup>[17]</sup> <sub>[SEP]</sub>
3	Sam Nusselder - 9:16.34 - Gr 11 - Canadian Indoor - Feb 19, 2016
4	Dylan Pust - 9:20.02 - Gr13 - AO Prep Meet - Jan 24, 2016
5	<b>Emmett Leary - 9:31.30 - Grade 8 - Int'l Youth Championships - Jul 14, 2023</b>
6	Alex Tulloch - 9:44.51 - Grade 9 - OFSAA Regionals - May 31, 2014 <sup>[17]</sup> <sub>[SEP]</sub>
7	Jonah Neumann - 9:57.72 - Grade 10 - AO Provincials - Mar 1-2, 2014 <sup>[17]</sup> <sub>[SEP]</sub>
8	Kevin Hooper - 10:14.63 - 47y.o. Masters. - Variety Village - Toronto - Jan 2010
9	Jake Clarke - 10:27.87 - Grade 10 - AO Provincials - Mar 8, 2015
10	Luc Nusselder - 10:35.33 - Grade 9 - CWOSSA - May 19, 2016

<b>3000m Top Grade 11, 12, 13</b>	
1	Steven Nadjiwan - 9:07.42 - Grade 11 - Canadian Indoors - Mar 15, 2014
2	Sam Nusselder - 9:16.34 - Gr 11 - Canadian Indoor - Feb 19, 2016
3	Jared Ruest - 9:17.48 - Grade 11 - Canadian Indoors - Mar 15, 2014
4	Dylan Pust - 9:20.02 - Gr13 - AO Prep Meet - Jan 24, 2016

<b>3000m Top Grade 9-10</b>	
1	Jared Ruest - 8:47.80 - Grade 10 - OFSAA Track - June 8, 2013
2	Steve Nadjiwan - 9:02.81 - Grade 11 - OFSAA Regionals - May 31, 2014
3	Sam Nusselder - 9:16.79 - Grade 10 - AO Provincials - Mar 8, 2015 <sup>[17]</sup> <sub>[SEP]</sub>
4	Alex Tulloch - 9:44.51 - Grade 9 - OFSAA Regionals - May 31, 2014
5	Jonah Neumann - 9:57.72 - Grade 10 - AO Provincials - Mar 1-2, 2014
6	Spencer Book - 10:14.37 - Grade 10 - AO Prep Meet - Jan 13, 2018
7	Jake Clarke - 10:27.87 - Grade 10 - AO Provincials - Mar 8, 2015
8	Luc Nusselder - 10:35.33 - Grade 9 - CWOSSA - May 19, 2016
9	Braden Torrie - 10:39.30 - Gr10 - AO Prep Meet - Feb 7, 2016

<b>3000m Top Grade 7-8</b>	
1	<b>Emmett Leary - 9:31.30 - Grade 8 - Int'l Youth Championships - Jul 14, 2023</b>
2	Peter Ruest - 11:44.80 - Grade 7 - London Indoor Games - Jan 11, 2015
3	Luc Nusselder - 11:50.15 - Grade 8 - London Indoor Games - Jan 11, 2015
4	Matthew Nickels - 11:57 - Grade 7 - London Indoor Games - Jan 11, 2015

<b>3000m Top Grade 3-4</b>	
1	Devlin Gillis - 14:33.99 - Grade 4 - London Indoor Games - Jan 11, 2015

<b>3000m Top Masters 45-49</b>	
1	Kevin Hooper - 10:14.63 - 47y.o. Masters. - Variety Village - Toronto - Jan 2011