

Coyotes Summer 2016

Coyotes Reach Gold / Silver Standards in Brampton



The Meaford Coyotes Track Club sent 19 grade 2-8 members to compete in the Brampton Bullets "Standards" Meet on Saturday, July 23rd.

A "standards" meet is not based soon who came 1st, 2nd or 3rd, but who ran a certain time to reach a "standard". If six athletes reached a "gold standard" then they would all receive a "gold" ribbon. If 10 athletes all ran fast enough, or jumped high enough, or threw far enough, then they would all receive a "silver" ribbon. The same applied for the "bronze" ribbon.

As our youngsters are into their "taper" phase of training in preparation for their provincial championships on July 23-24 at York University, all were in great shape. The results showed as all 19 members earned either gold or silver ribbons in both of their events, and several clocked some pretty impressive times.

[photo: Emmett Leary, a grade 1 student at SVE, motored his little running wheels to 2 "gold standards" and 2 personal best performances in the Mite Boys 300m and 600m events]

Scorching Heat Wave Can't Stop Coyote Runners



[photo: Kara Tichbourne leads the pack in the Atom Girls 800m in their 1st of two laps at the Ontario MTA Track and Field Championships on Sunday, July 24th. She went on to win gold, with Madison Calder, in 5th and in close pursuit, moved up to win silver.]

almost everyone recovered from Saturday's heat wave and 15 more PB's were set.

We also had 5 medal performances and 12 "top-5" positions at the Provincial Champs. Grade 5 Meaford student Kara Tichbourne led the Team with 2 gold medals and just missing the "1st year" Atom Girls Ontario record by 0.83 seconds that was set 20 years ago. Collingwood grade 6 rookie Madison Calder surprised herself as she won her 1st provincial silver medal in the Atom Girls 800m. Grade 8 veteran Matalyn Lee of Owen Sound earned silver in the Senior Girls 1500m and Olivia Latham, a grade 2 Owen Sound student grabbed 2nd in the Mite Girls 800m.

Grade 8 veteran Coyote member Spencer Book competed in his first Provincial Champs and taking 4th spot in the 400m with a personal best clocking of 56.98.

The Coyotes are now on a 2 week break before suiting up again to begin their Fall cross country season. The Team's first cross country practice is Saturday, August 6th. New members are welcome to join up for the season.

Results [* = personal best performance]

Mite Girls [2008-2009]

Olivia Latham [08] - 4th /9 in 400m @ 1:25.02 and 2nd/4 in 800m @ 3:06.55

Mite Boys [2008-2009]

Hayden Hindle [08] - 6th/16 in 400m @ 1:23.75* and 5th/10 in 800m @ 3:07.96*

Emmett Leary [09] - 8th/16 in 400m @ 1:25.10* and 6th/10 in 800m @ 3:10.04*

William Olivier [09] - 16th/16 in 400m @ 1:38.35 and 9th/10 in 800m @ 3:24.08*

On Saturday, July 23 and Sunday, July 24th, 22 members of the Meaford Coyotes Track Club competed at the Ontario Minor Track Association Provincial Track and Field Championships held at York University. Saturday scorched the athletes with almost unbearable heat pounding on them all day long. Our distance runners braved the late morning heat for their 1200m and 1500m event with afternoon temperatures hitting 35'C + humidity for our 400m runners! Sunday was much more respectable in the morning when our Coyotes were racing their 800m events with overcast clouds and 25'C.

Running personal best times with Saturday's heat was almost impossible, yet 11 of our tough Coyotes did so, while there were a couple who couldn't quite handle the heat. On Sunday

Edmund McPherson [08] 15th/16 in 400m @ 1:36.14 and 10th/10 in 800m @ 3:36.48

Tyke Girls [2006-2007]

Taryn Lee [07] - 6th/12 in 800m @ 2:55.97* and 4th/9 in 1200m @ 4:48.65

Megan Cowan [07] - 11th/12 in 800m @ 3:17.06* and 6th/9 in 1200m @ 4:57.72*

Ava Olivier [07] - 12th/12 in 800m @ 3:22.55 and 9th/9 in 1200m @ 5:24.52*

Tyke Boys [2006-2007]

Devon Taylor [07] - 9th/16 in 800m @ 2:52.41* and 12th/15 in 1200m @ 4:46.29

Wes Brown [07] - 16th/16 in 800m @ 3:04.42* and 13th/15 in 1200m @ 4:53.33*

Atom Girls [2004-2005]

Kara Tichbourne [05] - 1st/25 in 800m @ 2:29.83* and 1st/21 in 1500m @ 5:06.89

Madison Calder [04] - 2nd/25 in 800m @ 2:33.01* and 5th/21 in 1500m @ 5:33.09*

Payton Dodd [05] - 9th/22 in 800m @ 2:42.74* and 7th/21 in 1500m @ 5:38.99

Grace Boyce [05] - 13th/25 in 800m @ 2:49.92* and 8th/21 in 1500m @ 5:43.96*

Sydney Martin [05] - 19th/25 in 800m @ 2:56.49* and 15th/21 in 1500m @ 6:02.77*

McKenna Karn [05] - 21st/25 in 800m @ 3:00.79* and 20th/22 in 1500m @ 6:24.52

Senior Girls [2002-2003]

Matalyn Lee [02] - 11th/25 in 800m @ 2:30.48 and 2nd/15 in 1500m @ 5:05.57*

Olivia Karn [03] - 5th/25 in 800m @ 2:27.47 and 4th/15 in 1500m @ 5:12.01

Senior Boys [2002-2003]

Spencer Book [02] - 4th/22 in 400m @ 56.98* and 800m @ 6th in 800m @ 2:19:48*

Ethan Pentland [03] - 13th/19 in 800m @ 2:25.90* and 10th/16 in 1500m @ 4:57.76*

Matthew Nickels [02] - 14th/19 in 800m @ 2:26.21 and 8th/16 in 1500m @ 4:52.41

Peter Ruest [02] - 15th/16 in 1500m @ 5:13.94

Season Opener for Coyotes in Owen Sound



[photo: Head Coach Kevin Hooper and Coyote member Olivia Karn lead the Team in the Bayshore 5km Road Race on Sunday, August 28th.]

The Owen Sound Bayshore Road Race was held on Sunday, August 28th beginning at the Harry Lumley Bayshore Area under overcast skies and light rain. The race was a fund raiser for the Regional Hospital and included 21km, 10km and 5km events + a Kid's 1km race. Some members of the Meaford Coyotes Track Club were in attendance taking part in the 5km and 1km events.

Head Coach Kevin Hooper placed 3rd overall and 1st in the Male 50-59 age group for the 5km race, crossing the line in a season best time of 19:08. Olivia Karn, a 13 year old from Coldwater, was the top female finisher and placed 14th overall in the 5km trek. She stopped the clock with a personal best time of 20:45. Cole Gillis, a 7 year old from Thornbury, was our top runner in the Kid's 1km Race. He placed 7th overall with a personal best time of 4:27. The team had 10 personal best performances on the day.

The Coyotes "officially" begin their cross country season on Saturday, September 17th with our Grade 9 and under members heading to Pickering for the Durham Dragons MTA Cross Country Race. On Saturday, October 1st, the Team hosts their 6th annual Coyote Cross Country Race for over 300 school kids at the GBSS Athletic Field in Meaford.